


 Cumulative Estimates of Resident Population Change and Rankings: April 1, 2010 to July 1, 2016 -
 United States -- Metropolitan Statistical Area; and for Puerto Rico

2016 Population Estimates

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Geography: United States

Geography	Population Estimate		Change, 2010 to 2016		Rankings
	April 1, 2010 Estimates Base	July 1, 2016	Number	Percent [1]	Population Estimate April 1, 2010 Estimates Base
United States	308,758,105	323,127,513	14,369,408	4.7	(X)
In metropolitan statistical area	262,525,529	277,079,532	14,554,003	5.5	(X)
Abilene, TX Metro Area	165,252	170,364	5,112	3.1	242
Akron, OH Metro Area	703,203	702,221	-982	-0.1	74
Albany, GA Metro Area	157,500	152,219	-5,281	-3.4	254
Albany, OR Metro Area	116,672	122,849	6,177	5.3	323
Albany-Schenectady-Troy, NY Metro Area	870,692	881,839	11,147	1.3	60
Albuquerque, NM Metro Area	887,080	909,906	22,826	2.6	59
Alexandria, LA Metro Area	153,922	154,789	867	0.6	259
Allentown-Bethlehem-Easton, PA-NJ Metro Area	821,266	835,652	14,386	1.8	67
Altoona, PA Metro Area	127,076	124,650	-2,426	-1.9	307
Amarillo, TX Metro Area	251,933	263,342	11,409	4.5	181
Ames, IA Metro Area	89,542	97,090	7,548	8.4	365
Anchorage, AK Metro Area	380,821	402,557	21,736	5.7	133
Ann Arbor, MI Metro Area	345,066	364,709	19,643	5.7	148
Anniston-Oxford-Jacksonville, AL Metro Area	118,586	114,611	-3,975	-3.4	319
Appleton, WI Metro Area	225,666	234,079	8,413	3.7	195
Asheville, NC Metro Area	424,853	452,319	27,466	6.5	118
Athens-Clarke County, GA Metro Area	192,541	205,290	12,749	6.6	219
Atlanta-Sandy Springs-Roswell, GA Metro Area	5,286,725	5,789,700	502,975	9.5	9
Atlantic City-Hammonton, NJ Metro Area	274,540	270,991	-3,549	-1.3	167
Auburn-Opelika, AL Metro Area	140,296	158,991	18,695	13.3	283
Augusta-Richmond County, GA-SC Metro Area	564,873	594,919	30,046	5.3	94
Austin-Round Rock, TX Metro Area	1,716,320	2,056,405	340,085	19.8	35
Bakersfield, CA Metro Area	839,627	884,788	45,161	5.4	63
Baltimore-Columbia-Towson, MD Metro Area	2,710,583	2,798,886	88,303	3.3	20
Bangor, ME Metro Area	153,920	151,806	-2,114	-1.4	260
Barnstable Town, MA Metro Area	215,868	214,276	-1,592	-0.7	198
Baton Rouge, LA Metro Area	802,500	835,175	32,675	4.1	69
Battle Creek, MI Metro Area	136,148	134,386	-1,762	-1.3	291
Bay City, MI Metro Area	107,771	104,747	-3,024	-2.8	339
Beaumont-Port Arthur, TX Metro Area	403,194	409,968	6,774	1.7	130
Beckley, WV Metro Area	124,901	120,924	-3,977	-3.2	312
Bellingham, WA Metro Area	201,140	216,800	15,660	7.8	211
Bend-Redmond, OR Metro Area	157,733	181,307	23,574	14.9	253
Billings, MT Metro Area	158,934	169,728	10,794	6.8	251
Binghamton, NY Metro Area	251,737	244,094	-7,643	-3.0	182
Birmingham-Hoover, AL Metro Area	1,128,056	1,147,417	19,361	1.7	49
Bismarck, ND Metro Area	114,778	131,635	16,857	14.7	328
Blacksburg-Christiansburg-Radford, VA Metro Area	178,257	182,876	4,619	2.6	228

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	April 1, 2010 Estimates Base	July 1, 2016	Number	Percent [1]	Population Estimate
					April 1, 2010 Estimates Base
Bloomington, IL Metro Area	186,133	188,644	2,511	1.3	222
Bloomington, IN Metro Area	159,542	166,336	6,794	4.3	249
Bloomsburg-Berwick, PA Metro Area	85,563	84,763	-800	-0.9	368
Boise City, ID Metro Area	616,561	691,423	74,862	12.1	85
Boston-Cambridge-Newton, MA-NH Metro Area	4,552,595	4,794,447	241,852	5.3	10
Boulder, CO Metro Area	294,571	322,226	27,655	9.4	162
Bowling Green, KY Metro Area	158,599	171,122	12,523	7.9	252
Bremerton-Silverdale, WA Metro Area	251,137	264,811	13,674	5.4	184
Bridgeport-Stamford-Norwalk, CT Metro Area	916,846	944,177	27,331	3.0	57
Brownsville-Harlingen, TX Metro Area	406,219	422,135	15,916	3.9	127
Brunswick, GA Metro Area	112,368	116,784	4,416	3.9	332
Buffalo-Cheektowaga-Niagara Falls, NY Metro Area	1,135,617	1,132,804	-2,813	-0.2	47
Burlington, NC Metro Area	151,144	159,688	8,544	5.7	267
Burlington-South Burlington, VT Metro Area	211,262	217,365	6,103	2.9	200
California-Lexington Park, MD Metro Area	105,148	112,587	7,439	7.1	343
Canton-Massillon, OH Metro Area	404,428	401,281	-3,147	-0.8	129
Cape Coral-Fort Myers, FL Metro Area	618,754	722,336	103,582	16.7	84
Cape Girardeau, MO-IL Metro Area	96,275	97,443	1,168	1.2	357
Carbondale-Marion, IL Metro Area	126,580	126,430	-150	-0.1	309
Carson City, NV Metro Area	55,274	54,742	-532	-1.0	382
Casper, WY Metro Area	75,450	81,039	5,589	7.4	378
Cedar Rapids, IA Metro Area	257,941	267,799	9,858	3.8	173
Chambersburg-Waynesboro, PA Metro Area	149,618	153,851	4,233	2.8	270
Champaign-Urbana, IL Metro Area	231,889	238,554	6,665	2.9	190
Charleston, WV Metro Area	227,071	217,916	-9,155	-4.0	194
Charleston-North Charleston, SC Metro Area	664,644	761,155	96,511	14.5	78
Charlotte-Concord-Gastonia, NC-SC Metro Area	2,216,974	2,474,314	257,340	11.6	24
Charlottesville, VA Metro Area	218,707	231,349	12,642	5.8	197
Chattanooga, TN-GA Metro Area	528,152	551,632	23,480	4.4	98
Cheyenne, WY Metro Area	91,881	98,136	6,255	6.8	364
Chicago-Naperville-Elgin, IL-IN-WI Metro Area	9,461,550	9,512,999	51,449	0.5	3
Chico, CA Metro Area	220,000	226,864	6,864	3.1	196
Cincinnati, OH-KY-IN Metro Area	2,114,751	2,165,139	50,388	2.4	28
Clarksville, TN-KY Metro Area	260,635	282,349	21,714	8.3	172
Cleveland, TN Metro Area	115,758	121,262	5,504	4.8	326
Cleveland-Elyria, OH Metro Area	2,077,258	2,055,612	-21,646	-1.0	29
Coeur d'Alene, ID Metro Area	138,464	154,311	15,847	11.4	285
College Station-Bryan, TX Metro Area	228,668	254,928	26,260	11.5	192
Colorado Springs, CO Metro Area	645,611	712,327	66,716	10.3	80
Columbia, MO Metro Area	162,645	176,594	13,949	8.6	243
Columbia, SC Metro Area	767,477	817,488	50,011	6.5	72
Columbus, GA-AL Metro Area	295,531	308,755	13,224	4.5	161
Columbus, IN Metro Area	76,786	81,402	4,616	6.0	377
Columbus, OH Metro Area	1,902,003	2,041,520	139,517	7.3	32
Corpus Christi, TX Metro Area	428,188	454,726	26,538	6.2	115
Corvallis, OR Metro Area	85,581	89,385	3,804	4.4	367
Crestview-Fort Walton Beach-Destin, FL Metro Area	235,865	267,059	31,194	13.2	187
Cumberland, MD-WV Metro Area	103,292	99,541	-3,751	-3.6	345
Dallas-Fort Worth-Arlington, TX Metro Area	6,426,241	7,233,323	807,082	12.6	4
Dalton, GA Metro Area	142,227	143,904	1,677	1.2	280
Danville, IL Metro Area	81,625	78,111	-3,514	-4.3	374
Daphne-Fairhope-Foley, AL Metro Area	182,265	208,563	26,298	14.4	225
Davenport-Moline-Rock Island, IA-IL Metro Area	379,689	382,268	2,579	0.7	134
Dayton, OH Metro Area	799,219	800,683	1,464	0.2	70
Decatur, AL Metro Area	153,825	152,256	-1,569	-1.0	261
Decatur, IL Metro Area	110,768	106,550	-4,218	-3.8	337

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Deltona-Daytona Beach-Ormond Beach, FL Metro Area	590,294	637,674	47,380	8.0	90
Denver-Aurora-Lakewood, CO Metro Area	2,543,600	2,853,077	309,477	12.2	21
Des Moines-West Des Moines, IA Metro Area	569,633	634,725	65,092	11.4	91
Detroit-Warren-Dearborn, MI Metro Area	4,296,313	4,297,617	1,304	0.0	12
Dothan, AL Metro Area	145,643	147,834	2,191	1.5	276
Dover, DE Metro Area	162,349	174,827	12,478	7.7	244
Dubuque, IA Metro Area	93,653	97,003	3,350	3.6	360
Duluth, MN-WI Metro Area	279,771	279,227	-544	-0.2	166
Durham-Chapel Hill, NC Metro Area	506,646	559,535	52,889	10.4	104
East Stroudsburg, PA Metro Area	169,842	166,098	-3,744	-2.2	236
Eau Claire, WI Metro Area	161,390	166,614	5,224	3.2	245
El Centro, CA Metro Area	174,528	180,883	6,355	3.6	233
Elizabethtown-Fort Knox, KY Metro Area	148,351	149,538	1,187	0.8	272
Elkhart-Goshen, IN Metro Area	197,561	203,781	6,220	3.1	216
Elmira, NY Metro Area	88,842	86,322	-2,520	-2.8	366
El Paso, TX Metro Area	804,123	841,971	37,848	4.7	68
Enid, OK Metro Area	60,580	62,603	2,023	3.3	381
Erie, PA Metro Area	280,564	276,207	-4,357	-1.6	164
Eugene, OR Metro Area	351,724	369,519	17,795	5.1	145
Evansville, IN-KY Metro Area	311,552	315,948	4,396	1.4	154
Fairbanks, AK Metro Area	97,585	100,605	3,020	3.1	353
Fargo, ND-MN Metro Area	208,777	238,124	29,347	14.1	205
Farmington, NM Metro Area	130,045	115,079	-14,966	-11.5	301
Fayetteville, NC Metro Area	366,311	380,389	14,078	3.8	142
Fayetteville-Springdale-Rogers, AR-MO Metro Area	463,210	525,032	61,822	13.3	109
Flagstaff, AZ Metro Area	134,437	140,908	6,471	4.8	293
Flint, MI Metro Area	425,790	408,615	-17,175	-4.0	116
Florence, SC Metro Area	205,571	205,976	405	0.2	208
Florence-Muscle Shoals, AL Metro Area	147,137	146,534	-603	-0.4	274
Fond du Lac, WI Metro Area	101,630	102,144	514	0.5	347
Fort Collins, CO Metro Area	299,629	339,993	40,364	13.5	159
Fort Smith, AR-OK Metro Area	280,547	281,227	680	0.2	165
Fort Wayne, IN Metro Area	416,254	431,802	15,548	3.7	122
Fresno, CA Metro Area	930,491	979,915	49,424	5.3	56
Gadsden, AL Metro Area	104,427	102,564	-1,863	-1.8	344
Gainesville, FL Metro Area	264,274	280,708	16,434	6.2	170
Gainesville, GA Metro Area	179,684	196,637	16,953	9.4	226
Gettysburg, PA Metro Area	101,417	102,180	763	0.8	349
Glens Falls, NY Metro Area	128,942	126,367	-2,575	-2.0	304
Goldsboro, NC Metro Area	122,638	124,150	1,512	1.2	315
Grand Forks, ND-MN Metro Area	98,464	102,743	4,279	4.3	352
Grand Island, NE Metro Area	81,850	85,148	3,298	4.0	373
Grand Junction, CO Metro Area	146,717	150,083	3,366	2.3	275
Grand Rapids-Wyoming, MI Metro Area	988,940	1,047,099	58,159	5.9	52
Grants Pass, OR Metro Area	82,713	85,904	3,191	3.9	372
Great Falls, MT Metro Area	81,324	81,755	431	0.5	375
Greeley, CO Metro Area	252,831	294,932	42,101	16.7	177
Green Bay, WI Metro Area	306,241	318,236	11,995	3.9	157
Greensboro-High Point, NC Metro Area	723,854	756,139	32,285	4.5	73
Greenville, NC Metro Area	168,152	177,220	9,068	5.4	238
Greenville-Anderson-Mauldin, SC Metro Area	824,109	884,975	60,866	7.4	65
Gulfport-Biloxi-Pascagoula, MS Metro Area	370,787	391,266	20,479	5.5	139
Hagerstown-Martinsburg, MD-WV Metro Area	251,602	263,817	12,215	4.9	183
Hammond, LA Metro Area	121,101	130,710	9,609	7.9	316
Hanford-Corcoran, CA Metro Area	152,982	149,785	-3,197	-2.1	262
Harrisburg-Carlisle, PA Metro Area	549,473	568,033	18,560	3.4	96

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Harrisonburg, VA Metro Area	125,217	132,822	7,605	6.1	311
Hartford-West Hartford-East Hartford, CT Metro Area	1,212,397	1,206,836	-5,561	-0.5	44
Hattiesburg, MS Metro Area	142,857	149,138	6,281	4.4	279
Hickory-Lenoir-Morganton, NC Metro Area	365,814	364,187	-1,627	-0.4	143
Hilton Head Island-Bluffton-Beaufort, SC Metro Area	187,010	211,614	24,604	13.2	221
Hinesville, GA Metro Area	77,915	81,007	3,092	4.0	376
Homosassa Springs, FL Metro Area	141,236	143,621	2,385	1.7	282
Hot Springs, AR Metro Area	95,995	97,477	1,482	1.5	358
Houma-Thibodaux, LA Metro Area	208,176	211,525	3,349	1.6	206
Houston-The Woodlands-Sugar Land, TX Metro Area	5,920,499	6,772,470	851,971	14.4	6
Huntington-Ashland, WV-KY-OH Metro Area	364,928	359,588	-5,340	-1.5	144
Huntsville, AL Metro Area	417,593	449,720	32,127	7.7	121
Idaho Falls, ID Metro Area	133,333	142,572	9,239	6.9	297
Indianapolis-Carmel-Anderson, IN Metro Area	1,888,082	2,004,230	116,148	6.2	33
Iowa City, IA Metro Area	152,586	168,828	16,242	10.6	263
Ithaca, NY Metro Area	101,594	104,871	3,277	3.2	348
Jackson, MI Metro Area	160,248	158,460	-1,788	-1.1	247
Jackson, MS Metro Area	567,645	579,229	11,584	2.0	92
Jackson, TN Metro Area	130,018	129,527	-491	-0.4	302
Jacksonville, FL Metro Area	1,345,595	1,478,212	132,617	9.9	40
Jacksonville, NC Metro Area	177,787	187,136	9,349	5.3	229
Janesville-Beloit, WI Metro Area	160,331	161,620	1,289	0.8	246
Jefferson City, MO Metro Area	149,805	151,391	1,586	1.1	269
Johnson City, TN Metro Area	198,755	201,661	2,906	1.5	215
Johnstown, PA Metro Area	143,674	134,732	-8,942	-6.2	278
Jonesboro, AR Metro Area	121,026	129,858	8,832	7.3	317
Joplin, MO Metro Area	175,516	177,805	2,289	1.3	232
Kahului-Wailuku-Lahaina, HI Metro Area	154,925	165,474	10,549	6.8	257
Kalamazoo-Portage, MI Metro Area	326,592	336,877	10,285	3.1	150
Kankakee, IL Metro Area	113,449	110,008	-3,441	-3.0	331
Kansas City, MO-KS Metro Area	2,009,338	2,104,509	95,171	4.7	30
Kennewick-Richland, WA Metro Area	253,334	283,846	30,512	12.0	176
Killeen-Temple, TX Metro Area	405,310	435,857	30,547	7.5	128
Kingsport-Bristol-Bristol, TN-VA Metro Area	309,516	306,334	-3,182	-1.0	155
Kingston, NY Metro Area	182,512	179,225	-3,287	-1.8	224
Knoxville, TN Metro Area	837,675	868,546	30,871	3.7	64
Kokomo, IN Metro Area	82,752	82,568	-184	-0.2	371
La Crosse-Onalaska, WI-MN Metro Area	133,665	136,936	3,271	2.4	295
Lafayette, LA Metro Area	466,747	491,528	24,781	5.3	107
Lafayette-West Lafayette, IN Metro Area	201,798	216,679	14,881	7.4	210
Lake Charles, LA Metro Area	199,629	207,483	7,854	3.9	214
Lake Havasu City-Kingman, AZ Metro Area	200,185	205,249	5,064	2.5	212
Lakeland-Winter Haven, FL Metro Area	602,095	666,149	64,054	10.6	88
Lancaster, PA Metro Area	519,448	538,500	19,052	3.7	101
Lansing-East Lansing, MI Metro Area	464,032	475,099	11,067	2.4	108
Laredo, TX Metro Area	250,304	271,193	20,889	8.3	185
Las Cruces, NM Metro Area	209,235	214,207	4,972	2.4	204
Las Vegas-Henderson-Paradise, NV Metro Area	1,951,269	2,155,664	204,395	10.5	31
Lawrence, KS Metro Area	110,826	119,440	8,614	7.8	336
Lawton, OK Metro Area	130,291	128,077	-2,214	-1.7	300
Lebanon, PA Metro Area	133,577	138,863	5,286	4.0	296
Lewiston, ID-WA Metro Area	60,890	62,675	1,785	2.9	380
Lewiston-Auburn, ME Metro Area	107,702	107,319	-383	-0.4	340
Lexington-Fayette, KY Metro Area	472,102	506,751	34,649	7.3	106
Lima, OH Metro Area	106,326	103,742	-2,584	-2.4	342
Lincoln, NE Metro Area	302,157	326,921	24,764	8.2	158

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Little Rock-North Little Rock-Conway, AR Metro Area	699,819	734,622	34,803	5.0	76
Logan, UT-ID Metro Area	125,442	136,159	10,717	8.5	310
Longview, TX Metro Area	214,384	217,446	3,062	1.4	199
Longview, WA Metro Area	102,408	105,160	2,752	2.7	346
Los Angeles-Long Beach-Anaheim, CA Metro Area	12,828,961	13,310,447	481,486	3.8	2
Louisville/Jefferson County, KY-IN Metro Area	1,235,710	1,283,430	47,720	3.9	43
Lubbock, TX Metro Area	290,868	314,840	23,972	8.2	163
Lynchburg, VA Metro Area	252,659	260,232	7,573	3.0	179
Macon-Bibb County, GA Metro Area	232,293	229,182	-3,111	-1.3	189
Madera, CA Metro Area	150,843	154,697	3,854	2.6	268
Madison, WI Metro Area	605,437	648,929	43,492	7.2	87
Manchester-Nashua, NH Metro Area	400,720	407,761	7,041	1.8	131
Manhattan, KS Metro Area	92,735	97,004	4,269	4.6	362
Mankato-North Mankato, MN Metro Area	96,740	100,016	3,276	3.4	355
Mansfield, OH Metro Area	124,475	121,107	-3,368	-2.7	313
McAllen-Edinburg-Mission, TX Metro Area	774,770	849,843	75,073	9.7	71
Medford, OR Metro Area	203,206	216,527	13,321	6.6	209
Memphis, TN-MS-AR Metro Area	1,324,824	1,342,842	18,018	1.4	41
Merced, CA Metro Area	255,798	268,672	12,874	5.0	174
Miami-Fort Lauderdale-West Palm Beach, FL Metro Area	5,566,298	6,066,387	500,089	9.0	8
Michigan City-La Porte, IN Metro Area	111,467	110,015	-1,452	-1.3	334
Midland, MI Metro Area	83,629	83,462	-167	-0.2	369
Midland, TX Metro Area	141,671	168,288	26,617	18.8	281
Milwaukee-Waukesha-West Allis, WI Metro Area	1,555,954	1,572,482	16,528	1.1	39
Minneapolis-St. Paul-Bloomington, MN-WI Metro Area	3,348,859	3,551,036	202,177	6.0	16
Missoula, MT Metro Area	109,299	116,130	6,831	6.2	338
Mobile, AL Metro Area	413,143	414,836	1,693	0.4	125
Modesto, CA Metro Area	514,451	541,560	27,109	5.3	102
Monroe, LA Metro Area	176,505	179,470	2,965	1.7	231
Monroe, MI Metro Area	152,021	149,208	-2,813	-1.9	265
Montgomery, AL Metro Area	374,541	373,922	-619	-0.2	137
Morgantown, WV Metro Area	129,709	138,380	8,671	6.7	303
Morristown, TN Metro Area	114,193	117,320	3,127	2.7	330
Mount Vernon-Anacortes, WA Metro Area	116,901	123,681	6,780	5.8	322
Muncie, IN Metro Area	117,671	115,603	-2,068	-1.8	321
Muskegon, MI Metro Area	172,188	173,408	1,220	0.7	235
Myrtle Beach-Conway-North Myrtle Beach, SC-NC Metro Area	376,722	449,295	72,573	19.3	136
Napa, CA Metro Area	136,530	142,166	5,636	4.1	290
Naples-Immokalee-Marco Island, FL Metro Area	321,520	365,136	43,616	13.6	151
Nashville-Davidson--Murfreesboro--Franklin, TN Metro Area	1,670,883	1,865,298	194,415	11.6	37
New Bern, NC Metro Area	126,795	126,111	-684	-0.5	308
New Haven-Milford, CT Metro Area	862,462	856,875	-5,587	-0.6	62
New Orleans-Metairie, LA Metro Area	1,189,860	1,268,883	79,023	6.6	46
New York-Newark-Jersey City, NY-NJ-PA Metro Area	19,566,471	20,153,634	587,163	3.0	1
Niles-Benton Harbor, MI Metro Area	156,817	154,010	-2,807	-1.8	255
North Port-Sarasota-Bradenton, FL Metro Area	702,268	788,457	86,189	12.3	75
Norwich-New London, CT Metro Area	274,049	269,801	-4,248	-1.6	168
Ocala, FL Metro Area	331,303	349,020	17,717	5.3	149
Ocean City, NJ Metro Area	97,265	94,430	-2,835	-2.9	354
Odessa, TX Metro Area	137,136	157,462	20,326	14.8	289
Ogden-Clearfield, UT Metro Area	597,159	654,417	57,258	9.6	89
Oklahoma City, OK Metro Area	1,252,991	1,373,211	120,220	9.6	42
Olympia-Tumwater, WA Metro Area	252,258	275,222	22,964	9.1	180
Omaha-Council Bluffs, NE-IA Metro Area	865,356	924,129	58,773	6.8	61

Geography	Population Estimate		Change, 2010 to 2016		Rankings
	April 1, 2010 Estimates Base	July 1, 2016	Number	Percent [1]	Population Estimate
					April 1, 2010 Estimates Base
Orlando-Kissimmee-Sanford, FL Metro Area	2,134,399	2,441,257	306,858	14.4	27
Oshkosh-Neenah, WI Metro Area	166,994	169,886	2,892	1.7	240
Owensboro, KY Metro Area	114,754	117,959	3,205	2.8	329
Oxnard-Thousand Oaks-Ventura, CA Metro Area	823,387	849,738	26,351	3.2	66
Palm Bay-Melbourne-Titusville, FL Metro Area	543,378	579,130	35,752	6.6	97
Panama City, FL Metro Area	184,715	199,964	15,249	8.3	223
Parkersburg-Vienna, WV Metro Area	92,673	91,449	-1,224	-1.3	363
Pensacola-Ferry Pass-Brent, FL Metro Area	448,991	485,684	36,693	8.2	110
Peoria, IL Metro Area	379,186	376,246	-2,940	-0.8	135
Philadelphia-Camden-Wilmington, PA-NJ-DE-MD Metro Area	5,965,662	6,070,500	104,838	1.8	5
Phoenix-Mesa-Scottsdale, AZ Metro Area	4,193,127	4,661,537	468,410	11.2	14
Pine Bluff, AR Metro Area	100,258	91,962	-8,296	-8.3	350
Pittsburgh, PA Metro Area	2,356,291	2,342,299	-13,992	-0.6	22
Pittsfield, MA Metro Area	131,272	126,903	-4,369	-3.3	299
Pocatello, ID Metro Area	82,839	84,377	1,538	1.9	370
Portland-South Portland, ME Metro Area	514,103	529,657	15,554	3.0	103
Portland-Vancouver-Hillsboro, OR-WA Metro Area	2,226,012	2,424,955	198,943	8.9	23
Port St. Lucie, FL Metro Area	424,107	465,208	41,101	9.7	119
Prescott, AZ Metro Area	211,015	225,562	14,547	6.9	201
Providence-Warwick, RI-MA Metro Area	1,601,200	1,614,750	13,550	0.8	38
Provo-Orem, UT Metro Area	526,886	603,309	76,423	14.5	100
Pueblo, CO Metro Area	159,063	165,123	6,060	3.8	250
Punta Gorda, FL Metro Area	159,968	178,465	18,497	11.6	248
Racine, WI Metro Area	195,428	195,140	-288	-0.1	218
Raleigh, NC Metro Area	1,130,479	1,302,946	172,467	15.3	48
Rapid City, SD Metro Area	134,612	145,661	11,049	8.2	292
Reading, PA Metro Area	411,572	414,812	3,240	0.8	126
Redding, CA Metro Area	177,223	179,631	2,408	1.4	230
Reno, NV Metro Area	425,437	457,667	32,230	7.6	117
Richmond, VA Metro Area	1,208,096	1,281,708	73,612	6.1	45
Riverside-San Bernardino-Ontario, CA Metro Area	4,224,965	4,527,837	302,872	7.2	13
Roanoke, VA Metro Area	308,665	313,698	5,033	1.6	156
Rochester, MN Metro Area	206,877	215,884	9,007	4.4	207
Rochester, NY Metro Area	1,079,693	1,078,879	-814	-0.1	51
Rockford, IL Metro Area	349,431	339,376	-10,055	-2.9	146
Rocky Mount, NC Metro Area	152,383	147,323	-5,060	-3.3	264
Rome, GA Metro Area	96,317	96,560	243	0.3	356
Sacramento--Roseville--Arden-Arcade, CA Metro Area	2,149,144	2,296,418	147,274	6.9	25
Saginaw, MI Metro Area	200,169	192,326	-7,843	-3.9	213
St. Cloud, MN Metro Area	189,093	195,644	6,551	3.5	220
St. George, UT Metro Area	138,115	160,245	22,130	16.0	287
St. Joseph, MO-KS Metro Area	127,329	126,565	-764	-0.6	306
St. Louis, MO-IL Metro Area	2,787,759	2,807,002	19,243	0.7	18
Salem, OR Metro Area	390,739	418,139	27,400	7.0	132
Salinas, CA Metro Area	415,055	435,232	20,177	4.9	123
Salisbury, MD-DE Metro Area	373,764	400,200	26,436	7.1	138
Salt Lake City, UT Metro Area	1,087,799	1,186,187	98,388	9.0	50
San Angelo, TX Metro Area	111,823	119,943	8,120	7.3	333
San Antonio-New Braunfels, TX Metro Area	2,142,516	2,429,609	287,093	13.4	26
San Diego-Carlsbad, CA Metro Area	3,095,342	3,317,749	222,407	7.2	17
San Francisco-Oakland-Hayward, CA Metro Area	4,335,561	4,679,166	343,605	7.9	11
San Jose-Sunnyvale-Santa Clara, CA Metro Area	1,836,941	1,978,816	141,875	7.7	34
San Luis Obispo-Paso Robles-Arroyo Grande, CA Metro Area	269,599	282,887	13,288	4.9	169
Santa Cruz-Watsonville, CA Metro Area	262,362	274,673	12,311	4.7	171

Geography	Population Estimate		Change, 2010 to 2016		Rankings
	April 1, 2010 Estimates Base	July 1, 2016	Number	Percent [1]	Population Estimate April 1, 2010 Estimates Base
Santa Fe, NM Metro Area	144,172	148,651	4,479	3.1	277
Santa Maria-Santa Barbara, CA Metro Area	423,939	446,170	22,231	5.2	120
Santa Rosa, CA Metro Area	483,880	503,070	19,190	4.0	105
Savannah, GA Metro Area	347,598	384,024	36,426	10.5	147
Scranton--Wilkes-Barre--Hazleton, PA Metro Area	563,627	555,225	-8,402	-1.5	95
Seattle-Tacoma-Bellevue, WA Metro Area	3,439,808	3,798,902	359,094	10.4	15
Sebastian-Vero Beach, FL Metro Area	138,028	151,563	13,535	9.8	288
Sebring, FL Metro Area	98,786	100,917	2,131	2.2	351
Sheboygan, WI Metro Area	115,510	115,427	-83	-0.1	327
Sherman-Denison, TX Metro Area	120,864	128,235	7,371	6.1	318
Shreveport-Bossier City, LA Metro Area	439,811	441,767	1,956	0.4	112
Sierra Vista-Douglas, AZ Metro Area	131,356	125,770	-5,586	-4.3	298
Sioux City, IA-NE-SD Metro Area	168,563	169,140	577	0.3	237
Sioux Falls, SD Metro Area	228,264	255,729	27,465	12.0	193
South Bend-Mishawaka, IN-MI Metro Area	319,215	320,740	1,525	0.5	152
Spartanburg, SC Metro Area	313,268	329,136	15,868	5.1	153
Spokane-Spokane Valley, WA Metro Area	527,753	556,634	28,881	5.5	99
Springfield, IL Metro Area	210,170	210,015	-155	-0.1	202
Springfield, MA Metro Area	621,705	630,283	8,578	1.4	83
Springfield, MO Metro Area	436,711	458,930	22,219	5.1	113
Springfield, OH Metro Area	138,333	134,786	-3,547	-2.6	286
State College, PA Metro Area	154,027	161,464	7,437	4.8	258
Staunton-Waynesboro, VA Metro Area	118,502	121,247	2,745	2.3	320
Stockton-Lodi, CA Metro Area	685,308	733,709	48,401	7.1	77
Sumter, SC Metro Area	107,463	107,396	-67	-0.1	341
Syracuse, NY Metro Area	662,625	656,510	-6,115	-0.9	79
Tallahassee, FL Metro Area	368,770	379,627	10,857	2.9	140
Tampa-St. Petersburg-Clearwater, FL Metro Area	2,783,514	3,032,171	248,657	8.9	19
Terre Haute, IN Metro Area	172,422	170,687	-1,735	-1.0	234
Texarkana, TX-AR Metro Area	149,195	150,098	903	0.6	271
The Villages, FL Metro Area	93,420	123,996	30,576	32.7	361
Toledo, OH Metro Area	610,001	605,221	-4,780	-0.8	86
Topeka, KS Metro Area	233,868	233,068	-800	-0.3	188
Trenton, NJ Metro Area	367,517	371,023	3,506	1.0	141
Tucson, AZ Metro Area	980,263	1,016,206	35,943	3.7	53
Tulsa, OK Metro Area	937,531	987,201	49,670	5.3	55
Tuscaloosa, AL Metro Area	230,163	241,378	11,215	4.9	191
Tyler, TX Metro Area	209,721	225,290	15,569	7.4	203
Urban Honolulu, HI Metro Area	953,207	992,605	39,398	4.1	54
Utica-Rome, NY Metro Area	299,357	293,803	-5,554	-1.9	160
Valdosta, GA Metro Area	139,663	144,676	5,013	3.6	284
Vallejo-Fairfield, CA Metro Area	413,344	440,207	26,863	6.5	124
Victoria, TX Metro Area	94,003	99,984	5,981	6.4	359
Vineland-Bridgeton, NJ Metro Area	156,628	153,797	-2,831	-1.8	256
Virginia Beach-Norfolk-Newport News, VA-NC Metro Area	1,676,817	1,726,907	50,090	3.0	36
Visalia-Porterville, CA Metro Area	442,182	460,437	18,255	4.1	111
Waco, TX Metro Area	252,769	265,207	12,438	4.9	178
Walla Walla, WA Metro Area	62,859	64,278	1,419	2.3	379
Warner Robins, GA Metro Area	179,605	190,028	10,423	5.8	227
Washington-Arlington-Alexandria, DC-VA-MD-WV Metro Area	5,636,416	6,131,977	495,561	8.8	7
Waterloo-Cedar Falls, IA Metro Area	167,819	170,015	2,196	1.3	239
Watertown-Fort Drum, NY Metro Area	116,232	114,006	-2,226	-1.9	324
Wausau, WI Metro Area	134,063	135,603	1,540	1.1	294
Weirton-Steubenville, WV-OH Metro Area	124,455	119,271	-5,184	-4.2	314
Wenatchee, WA Metro Area	110,895	117,665	6,770	6.1	335

Geography	Population Estimate		Change, 2010 to 2016		Rankings
	April 1, 2010 Estimates Base	July 1, 2016	Number	Percent [1]	Population Estimate
					April 1, 2010 Estimates Base
Wheeling, WV-OH Metro Area	147,951	142,982	-4,969	-3.4	273
Wichita, KS Metro Area	630,919	644,672	13,753	2.2	82
Wichita Falls, TX Metro Area	151,476	150,734	-742	-0.5	266
Williamsport, PA Metro Area	116,108	115,248	-860	-0.7	325
Wilmington, NC Metro Area	254,883	282,573	27,690	10.9	175
Winchester, VA-WV Metro Area	128,480	135,238	6,758	5.3	305
Winston-Salem, NC Metro Area	640,580	662,079	21,499	3.4	81
Worcester, MA-CT Metro Area	916,822	935,781	18,959	2.1	58
Yakima, WA Metro Area	243,237	249,636	6,399	2.6	186
York-Hanover, PA Metro Area	434,998	443,744	8,746	2.0	114
Youngstown-Warren-Boardman, OH-PA Metro Area	565,799	544,746	-21,053	-3.7	93
Yuba City, CA Metro Area	166,891	171,926	5,035	3.0	241
Yuma, AZ Metro Area	195,750	205,631	9,881	5.0	217
Puerto Rico	3,726,157	3,411,307	-314,850	-8.4	(X)
In metropolitan statistical area	3,567,892	3,262,275	-305,617	-8.6	(X)
Aguadilla-Isabela, PR Metro Area	339,465	309,696	-29,769	-8.8	3
Arecibo, PR Metro Area	199,471	185,250	-14,221	-7.1	4
Guayama, PR Metro Area	84,214	77,771	-6,443	-7.7	7
Mayagüez, PR Metro Area	106,330	94,038	-12,292	-11.6	6
Ponce, PR Metro Area	350,389	309,512	-40,877	-11.7	2
San Germán, PR Metro Area	137,717	128,279	-9,438	-6.9	5
San Juan-Carolina-Caguas, PR Metro Area	2,350,306	2,157,729	-192,577	-8.2	1

Geography	Rankings		
	Population Estimate	Change, 2010 to 2016	
		July 1, 2016	Number
United States	(X)	(X)	(X)
In metropolitan statistical area	(X)	(X)	(X)
Abilene, TX Metro Area	243	226	213
Akron, OH Metro Area	80	317	302
Albany, GA Metro Area	269	364	369
Albany, OR Metro Area	318	217	141
Albany-Schenectady-Troy, NY Metro Area	63	170	267
Albuquerque, NM Metro Area	60	109	230
Alexandria, LA Metro Area	262	289	284
Allentown-Bethlehem-Easton, PA-NJ Metro Area	69	148	248
Altoona, PA Metro Area	314	331	351
Amarillo, TX Metro Area	184	168	164
Ames, IA Metro Area	359	197	63
Anchorage, AK Metro Area	133	113	127
Ann Arbor, MI Metro Area	146	120	128
Anniston-Oxford-Jacksonville, AL Metro Area	335	354	368
Appleton, WI Metro Area	193	192	192
Asheville, NC Metro Area	116	90	111
Athens-Clarke County, GA Metro Area	216	159	106
Atlanta-Sandy Springs-Roswell, GA Metro Area	9	4	52
Atlantic City-Hammonton, NJ Metro Area	176	351	333
Auburn-Opelika, AL Metro Area	259	126	22
Augusta-Richmond County, GA-SC Metro Area	93	85	136
Austin-Round Rock, TX Metro Area	31	11	2
Bakersfield, CA Metro Area	62	62	134
Baltimore-Columbia-Towson, MD Metro Area	21	36	204
Bangor, ME Metro Area	270	328	338
Barnstable Town, MA Metro Area	207	321	320
Baton Rouge, LA Metro Area	70	76	176
Battle Creek, MI Metro Area	300	324	334
Bay City, MI Metro Area	345	341	359
Beaumont-Port Arthur, TX Metro Area	130	206	252
Beckley, WV Metro Area	322	355	365
Bellingham, WA Metro Area	203	141	75
Bend-Redmond, OR Metro Area	229	106	9
Billings, MT Metro Area	246	174	103
Binghamton, NY Metro Area	189	371	364
Birmingham-Hoover, AL Metro Area	49	121	250
Bismarck, ND Metro Area	302	134	11
Blacksburg-Christiansburg-Radford, VA Metro Area	228	232	229
Bloomington, IL Metro Area	226	263	264
Bloomington, IN Metro Area	251	204	172
Bloomsburg-Berwick, PA Metro Area	370	313	326
Boise City, ID Metro Area	81	41	28
Boston-Cambridge-Newton, MA-NH Metro Area	10	18	137
Boulder, CO Metro Area	155	89	54
Bowling Green, KY Metro Area	241	161	74
Bremerton-Silverdale, WA Metro Area	182	152	132
Bridgeport-Stamford-Norwalk, CT Metro Area	57	93	219
Brownsville-Harlingen, TX Metro Area	126	138	183
Brunswick, GA Metro Area	329	235	182
Buffalo-Cheektowaga-Niagara Falls, NY Metro Area	50	336	308
Burlington, NC Metro Area	258	191	129
Burlington-South Burlington, VT Metro Area	202	218	222
California-Lexington Park, MD Metro Area	337	198	93
Canton-Massillon, OH Metro Area	134	343	323
Cape Coral-Fort Myers, FL Metro Area	78	32	5

Geography	Rankings		
	Population Estimate	Change, 2010 to 2016	
		July 1, 2016	Number
Cape Girardeau, MO-IL Metro Area	358	287	269
Carbondale-Marion, IL Metro Area	310	299	301
Carson City, NV Metro Area	382	306	327
Casper, WY Metro Area	376	222	83
Cedar Rapids, IA Metro Area	179	180	188
Chambersburg-Waynesboro, PA Metro Area	266	239	224
Champaign-Urbana, IL Metro Area	191	209	223
Charleston, WV Metro Area	200	376	375
Charleston-North Charleston, SC Metro Area	74	34	12
Charlotte-Concord-Gastonia, NC-SC Metro Area	22	16	32
Charlottesville, VA Metro Area	195	160	126
Chattanooga, TN-GA Metro Area	100	107	167
Cheyenne, WY Metro Area	356	215	101
Chicago-Naperville-Elgin, IL-IN-WI Metro Area	3	53	285
Chico, CA Metro Area	197	202	210
Cincinnati, OH-KY-IN Metro Area	28	54	235
Clarksville, TN-KY Metro Area	168	114	65
Cleveland, TN Metro Area	319	223	159
Cleveland-Elyria, OH Metro Area	32	382	331
Coeur d'Alene, ID Metro Area	264	140	35
College Station-Bryan, TX Metro Area	187	101	34
Colorado Springs, CO Metro Area	79	44	45
Columbia, MO Metro Area	237	150	61
Columbia, SC Metro Area	71	56	109
Columbus, GA-AL Metro Area	161	157	165
Columbus, IN Metro Area	375	233	122
Columbus, OH Metro Area	33	27	87
Corpus Christi, TX Metro Area	115	97	115
Corvallis, OR Metro Area	366	241	168
Crestview-Fort Walton Beach-Destin, FL Metro Area	180	80	23
Cumberland, MD-WV Metro Area	355	353	371
Dallas-Fort Worth-Arlington, TX Metro Area	4	2	25
Dalton, GA Metro Area	286	274	270
Danville, IL Metro Area	378	349	379
Daphne-Fairhope-Foley, AL Metro Area	212	100	14
Davenport-Moline-Rock Island, IA-IL Metro Area	138	262	282
Dayton, OH Metro Area	72	281	295
Decatur, AL Metro Area	268	320	329
Decatur, IL Metro Area	342	356	373
Deltona-Daytona Beach-Ormond Beach, FL Metro Area	88	61	71
Denver-Aurora-Lakewood, CO Metro Area	19	12	27
Des Moines-West Des Moines, IA Metro Area	89	45	36
Detroit-Warren-Dearborn, MI Metro Area	14	283	296
Dothan, AL Metro Area	281	268	257
Dover, DE Metro Area	238	162	79
Dubuque, IA Metro Area	361	244	198
Duluth, MN-WI Metro Area	171	307	305
Durham-Chapel Hill, NC Metro Area	97	52	44
East Stroudsburg, PA Metro Area	252	352	355
Eau Claire, WI Metro Area	250	225	205
El Centro, CA Metro Area	230	213	196
Elizabethtown-Fort Knox, KY Metro Area	277	286	277
Elkhart-Goshen, IN Metro Area	218	216	209
Elmira, NY Metro Area	367	332	360
El Paso, TX Metro Area	68	69	161
Enid, OK Metro Area	381	270	203

Geography	Rankings		
	Population Estimate July 1, 2016	Change, 2010 to 2016	
		Number	Percent
Erie, PA Metro Area	172	358	342
Eugene, OR Metro Area	144	131	148
Evansville, IN-KY Metro Area	158	236	260
Fairbanks, AK Metro Area	352	256	212
Fargo, ND-MN Metro Area	192	86	17
Farmington, NM Metro Area	334	379	382
Fayetteville, NC Metro Area	139	149	187
Fayetteville-Springdale-Rogers, AR-MO Metro Area	105	47	21
Flagstaff, AZ Metro Area	291	211	158
Flint, MI Metro Area	131	380	376
Florence, SC Metro Area	214	295	294
Florence-Muscle Shoals, AL Metro Area	283	308	312
Fond du Lac, WI Metro Area	350	293	287
Fort Collins, CO Metro Area	150	67	19
Fort Smith, AR-OK Metro Area	169	291	293
Fort Wayne, IN Metro Area	125	144	191
Fresno, CA Metro Area	56	58	138
Gadsden, AL Metro Area	348	326	345
Gainesville, FL Metro Area	170	136	114
Gainesville, GA Metro Area	221	133	53
Gettysburg, PA Metro Area	349	290	279
Glens Falls, NY Metro Area	311	333	353
Goldsboro, NC Metro Area	315	279	268
Grand Forks, ND-MN Metro Area	347	237	171
Grand Island, NE Metro Area	369	246	177
Grand Junction, CO Metro Area	275	243	238
Grand Rapids-Wyoming, MI Metro Area	52	50	123
Grants Pass, OR Metro Area	368	252	186
Great Falls, MT Metro Area	374	294	286
Greeley, CO Metro Area	163	65	6
Green Bay, WI Metro Area	157	166	184
Greensboro-High Point, NC Metro Area	75	77	166
Greenville, NC Metro Area	236	184	133
Greenville-Anderson-Mauldin, SC Metro Area	61	48	84
Gulfport-Biloxi-Pascagoula, MS Metro Area	136	117	130
Hagerstown-Martinsburg, MD-WV Metro Area	183	165	156
Hammond, LA Metro Area	303	181	72
Hanford-Corcoran, CA Metro Area	276	345	354
Harrisburg-Carlisle, PA Metro Area	96	127	201
Harrisonburg, VA Metro Area	301	195	120
Hartford-West Hartford-East Hartford, CT Metro Area	47	367	314
Hattiesburg, MS Metro Area	279	214	169
Hickory-Lenoir-Morganton, NC Metro Area	147	322	313
Hilton Head Island-Bluffton-Beaufort, SC Metro Area	209	104	24
Hinesville, GA Metro Area	377	254	178
Homosassa Springs, FL Metro Area	287	265	251
Hot Springs, AR Metro Area	357	280	256
Houma-Thibodaux, LA Metro Area	210	245	255
Houston-The Woodlands-Sugar Land, TX Metro Area	5	1	15
Huntington-Ashland, WV-KY-OH Metro Area	148	365	339
Huntsville, AL Metro Area	117	79	78
Idaho Falls, ID Metro Area	289	183	97
Indianapolis-Carmel-Anderson, IN Metro Area	34	30	116
Iowa City, IA Metro Area	248	137	39
Ithaca, NY Metro Area	344	247	206
Jackson, MI Metro Area	260	325	332

Geography	Rankings		
	Population Estimate	Change, 2010 to 2016	
		July 1, 2016	Number
Jackson, MS Metro Area	94	167	243
Jackson, TN Metro Area	305	305	311
Jacksonville, FL Metro Area	40	28	46
Jacksonville, NC Metro Area	227	182	144
Janesville-Beloit, WI Metro Area	255	284	276
Jefferson City, MO Metro Area	272	275	273
Johnson City, TN Metro Area	219	258	258
Johnstown, PA Metro Area	299	375	380
Jonesboro, AR Metro Area	304	186	88
Joplin, MO Metro Area	235	266	266
Kahului-Wailuku-Lahaina, HI Metro Area	253	176	100
Kalamazoo-Portage, MI Metro Area	152	178	208
Kankakee, IL Metro Area	339	348	363
Kansas City, MO-KS Metro Area	30	35	160
Kennewick-Richland, WA Metro Area	165	84	29
Killeen-Temple, TX Metro Area	123	83	81
Kingsport-Bristol-Bristol, TN-VA Metro Area	162	344	330
Kingston, NY Metro Area	233	346	347
Knoxville, TN Metro Area	64	81	193
Kokomo, IN Metro Area	373	302	307
La Crosse-Onalaska, WI-MN Metro Area	294	249	233
Lafayette, LA Metro Area	108	102	139
Lafayette-West Lafayette, IN Metro Area	204	146	85
Lake Charles, LA Metro Area	213	194	181
Lake Havasu City-Kingman, AZ Metro Area	217	227	232
Lakeland-Winter Haven, FL Metro Area	82	46	40
Lancaster, PA Metro Area	103	124	194
Lansing-East Lansing, MI Metro Area	110	171	234
Laredo, TX Metro Area	175	116	64
Las Cruces, NM Metro Area	208	231	236
Las Vegas-Henderson-Paradise, NV Metro Area	29	20	42
Lawrence, KS Metro Area	324	189	76
Lawton, OK Metro Area	307	329	343
Lebanon, PA Metro Area	292	224	180
Lewiston, ID-WA Metro Area	380	272	221
Lewiston-Auburn, ME Metro Area	341	304	310
Lexington-Fayette, KY Metro Area	106	75	86
Lima, OH Metro Area	346	334	356
Lincoln, NE Metro Area	154	103	69
Little Rock-North Little Rock-Conway, AR Metro Area	76	74	151
Logan, UT-ID Metro Area	295	175	62
Longview, TX Metro Area	201	255	259
Longview, WA Metro Area	343	260	227
Los Angeles-Long Beach-Anaheim, CA Metro Area	2	7	190
Louisville/Jefferson County, KY-IN Metro Area	44	60	185
Lubbock, TX Metro Area	159	105	67
Lynchburg, VA Metro Area	185	196	217
Macon-Bibb County, GA Metro Area	196	342	337
Madera, CA Metro Area	263	240	231
Madison, WI Metro Area	86	64	91
Manchester-Nashua, NH Metro Area	132	201	247
Manhattan, KS Metro Area	360	238	163
Mankato-North Mankato, MN Metro Area	353	248	200
Mansfield, OH Metro Area	321	347	358
McAllen-Edinburg-Mission, TX Metro Area	66	40	49
Medford, OR Metro Area	205	155	108
Memphis, TN-MS-AR Metro Area	42	130	262

Geography	Rankings		
	Population Estimate	Change, 2010 to 2016	
		July 1, 2016	Number
Merced, CA Metro Area	178	158	150
Miami-Fort Lauderdale-West Palm Beach, FL Metro Area	8	5	57
Michigan City-La Porte, IN Metro Area	338	319	335
Midland, MI Metro Area	372	301	306
Midland, TX Metro Area	249	96	4
Milwaukee-Waukesha-West Allis, WI Metro Area	39	135	272
Minneapolis-St. Paul-Bloomington, MN-WI Metro Area	16	21	121
Missoula, MT Metro Area	330	203	113
Mobile, AL Metro Area	128	273	290
Modesto, CA Metro Area	102	94	142
Monroe, LA Metro Area	232	257	253
Monroe, MI Metro Area	278	336	349
Montgomery, AL Metro Area	142	309	304
Morgantown, WV Metro Area	293	188	104
Morristown, TN Metro Area	328	253	226
Mount Vernon-Anacortes, WA Metro Area	317	205	125
Muncie, IN Metro Area	331	327	344
Muskegon, MI Metro Area	239	285	280
Myrtle Beach-Conway-North Myrtle Beach, SC-NC Metro Area	118	43	3
Napa, CA Metro Area	290	221	175
Naples-Immokalee-Marco Island, FL Metro Area	145	63	18
Nashville-Davidson--Murfreesboro--Franklin, TN Metro Area	36	23	31
New Bern, NC Metro Area	312	310	316
New Haven-Milford, CT Metro Area	65	369	319
New Orleans-Metairie, LA Metro Area	46	38	105
New York-Newark-Jersey City, NY-NJ-PA Metro Area	1	3	216
Niles-Benton Harbor, MI Metro Area	265	335	346
North Port-Sarasota-Bradenton, FL Metro Area	73	37	26
Norwich-New London, CT Metro Area	177	357	341
Ocala, FL Metro Area	149	132	135
Ocean City, NJ Metro Area	363	339	362
Odessa, TX Metro Area	261	118	10
Ogden-Clearfield, UT Metro Area	85	51	51
Oklahoma City, OK Metro Area	41	29	50
Olympia-Tumwater, WA Metro Area	173	108	55
Omaha-Council Bluffs, NE-IA Metro Area	59	49	102
Orlando-Kissimmee-Sanford, FL Metro Area	23	13	16
Oshkosh-Neenah, WI Metro Area	245	259	249
Owensboro, KY Metro Area	326	251	225
Oxnard-Thousand Oaks-Ventura, CA Metro Area	67	99	207
Palm Bay-Melbourne-Titusville, FL Metro Area	95	73	107
Panama City, FL Metro Area	220	145	66
Parkersburg-Vienna, WV Metro Area	365	318	336
Pensacola-Ferry Pass-Brent, FL Metro Area	109	70	70
Peoria, IL Metro Area	141	340	322
Philadelphia-Camden-Wilmington, PA-NJ-DE-MD Metro Area	7	31	246
Phoenix-Mesa-Scottsdale, AZ Metro Area	12	8	37
Pine Bluff, AR Metro Area	364	373	381
Pittsburgh, PA Metro Area	26	378	317
Pittsfield, MA Metro Area	308	359	367
Pocatello, ID Metro Area	371	277	245
Portland-South Portland, ME Metro Area	104	143	214
Portland-Vancouver-Hillsboro, OR-WA Metro Area	25	22	58
Port St. Lucie, FL Metro Area	111	66	48

Geography	Rankings		
	Population Estimate	Change, 2010 to 2016	
		July 1, 2016	Number
Prescott, AZ Metro Area	198	147	98
Providence-Warwick, RI-MA Metro Area	38	153	275
Provo-Orem, UT Metro Area	92	39	13
Pueblo, CO Metro Area	254	219	189
Punta Gorda, FL Metro Area	234	128	33
Racine, WI Metro Area	223	303	303
Raleigh, NC Metro Area	43	24	8
Rapid City, SD Metro Area	284	172	68
Reading, PA Metro Area	129	250	278
Redding, CA Metro Area	231	264	263
Reno, NV Metro Area	114	78	80
Richmond, VA Metro Area	45	42	119
Riverside-San Bernardino-Ontario, CA Metro Area	13	14	92
Roanoke, VA Metro Area	160	229	254
Rochester, MN Metro Area	206	185	170
Rochester, NY Metro Area	51	315	300
Rockford, IL Metro Area	151	377	361
Rocky Mount, NC Metro Area	282	362	366
Rome, GA Metro Area	362	296	292
Sacramento--Roseville--Arden-Arcade, CA Metro Area	27	25	99
Saginaw, MI Metro Area	224	372	374
St. Cloud, MN Metro Area	222	210	199
St. George, UT Metro Area	257	112	7
St. Joseph, MO-KS Metro Area	309	312	318
St. Louis, MO-IL Metro Area	20	122	281
Salem, OR Metro Area	127	92	96
Salinas, CA Metro Area	124	119	155
Salisbury, MD-DE Metro Area	135	98	94
Salt Lake City, UT Metro Area	48	33	56
San Angelo, TX Metro Area	323	193	89
San Antonio-New Braunfels, TX Metro Area	24	15	20
San Diego-Carlsbad, CA Metro Area	17	19	90
San Francisco-Oakland-Hayward, CA Metro Area	11	10	73
San Jose-Sunnyvale-Santa Clara, CA Metro Area	35	26	77
San Luis Obispo-Paso Robles-Arroyo Grande, CA Metro Area	166	156	152
Santa Cruz-Watsonville, CA Metro Area	174	164	162
Santa Fe, NM Metro Area	280	234	211
Santa Maria-Santa Barbara, CA Metro Area	119	110	145
Santa Rosa, CA Metro Area	107	123	179
Savannah, GA Metro Area	137	71	41
Scranton--Wilkes-Barre--Hazleton, PA Metro Area	99	374	340
Seattle-Tacoma-Bellevue, WA Metro Area	15	9	43
Sebastian-Vero Beach, FL Metro Area	271	154	47
Sebring, FL Metro Area	351	269	241
Sheboygan, WI Metro Area	332	298	298
Sherman-Denison, TX Metro Area	306	200	118
Shreveport-Bossier City, LA Metro Area	121	271	289
Sierra Vista-Douglas, AZ Metro Area	313	368	378
Sioux City, IA-NE-SD Metro Area	247	292	291
Sioux Falls, SD Metro Area	186	91	30
South Bend-Mishawaka, IN-MI Metro Area	156	278	288
Spartanburg, SC Metro Area	153	139	147
Spokane-Spokane Valley, WA Metro Area	98	87	131
Springfield, IL Metro Area	211	300	299
Springfield, MA Metro Area	90	190	261
Springfield, MO Metro Area	113	111	146

Geography	Rankings		
	Population Estimate	Change, 2010 to 2016	
		July 1, 2016	Number
Springfield, OH Metro Area	298	350	357
State College, PA Metro Area	256	199	157
Staunton-Waynesboro, VA Metro Area	320	261	237
Stockton-Lodi, CA Metro Area	77	59	95
Sumter, SC Metro Area	340	297	297
Syracuse, NY Metro Area	84	370	325
Tallahassee, FL Metro Area	140	173	220
Tampa-St. Petersburg-Clearwater, FL Metro Area	18	17	59
Terre Haute, IN Metro Area	242	323	328
Texarkana, TX-AR Metro Area	274	288	283
The Villages, FL Metro Area	316	82	1
Toledo, OH Metro Area	91	360	324
Topeka, KS Metro Area	194	313	309
Trenton, NJ Metro Area	143	242	274
Tucson, AZ Metro Area	53	72	195
Tulsa, OK Metro Area	55	57	140
Tuscaloosa, AL Metro Area	190	169	154
Tyler, TX Metro Area	199	142	82
Urban Honolulu, HI Metro Area	54	68	173
Utica-Rome, NY Metro Area	164	366	350
Valdosta, GA Metro Area	285	230	197
Vallejo-Fairfield, CA Metro Area	122	95	110
Victoria, TX Metro Area	354	220	112
Vineland-Bridgeton, NJ Metro Area	267	338	348
Virginia Beach-Norfolk-Newport News, VA-NC Metro Area	37	55	218
Visalia-Porterville, CA Metro Area	112	129	174
Waco, TX Metro Area	181	163	153
Walla Walla, WA Metro Area	379	282	239
Warner Robins, GA Metro Area	225	177	124
Washington-Arlington-Alexandria, DC-VA-MD-WV Metro Area	6	6	60
Waterloo-Cedar Falls, IA Metro Area	244	267	265
Watertown-Fort Drum, NY Metro Area	336	330	352
Wausau, WI Metro Area	296	276	271
Weirton-Steubenville, WV-OH Metro Area	325	363	377
Wenatchee, WA Metro Area	327	207	117
Wheeling, WV-OH Metro Area	288	361	370
Wichita, KS Metro Area	87	151	240
Wichita Falls, TX Metro Area	273	311	315
Williamsport, PA Metro Area	333	316	321
Wilmington, NC Metro Area	167	88	38
Winchester, VA-WV Metro Area	297	208	143
Winston-Salem, NC Metro Area	83	115	202
Worcester, MA-CT Metro Area	58	125	242
Yakima, WA Metro Area	188	212	228
York-Hanover, PA Metro Area	120	187	244
Youngstown-Warren-Boardman, OH-PA Metro Area	101	381	372
Yuba City, CA Metro Area	240	228	215
Yuma, AZ Metro Area	215	179	149
Puerto Rico	(X)	(X)	(X)
In metropolitan statistical area	(X)	(X)	(X)
Aguadilla-Isabela, PR Metro Area	2	5	5
Arecibo, PR Metro Area	4	4	2
Guayama, PR Metro Area	7	1	3
Mayagüez, PR Metro Area	6	3	6
Ponce, PR Metro Area	3	6	7

Geography	Rankings		
	Population Estimate	Change, 2010 to 2016	
		July 1, 2016	Number
San Germán, PR Metro Area	5	2	1
San Juan-Carolina-Caguas, PR Metro Area	1	7	4

(X) Not applicable.

[1] Some values are zero due to rounding.

Note: The estimates are based on the 2010 Census and reflect changes to the April 1, 2010 population due to the Count Question Resolution program and geographic program revisions. All geographic boundaries for the 2016 population estimates series except statistical area delineations are as of January 1, 2016. The Office of Management and Budget's statistical area delineations for metropolitan, micropolitan, and combined statistical areas, as well as metropolitan divisions, are those issued by that agency in July 2015. For population estimates methodology statements, see <http://www.census.gov/programs-surveys/popest/technical-documentation/methodology.html>.

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Source: U.S. Census Bureau, Population Division

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