

Table 4. Cumulative Estimates of the Components of Resident Population Change for the United States, Regions, States, and Puerto Rico: April 1, 2010 to July 1, 2016

Geographic Area	Total Population Change ¹	Natural Increase	Vital Events		Net Migration		
			Births	Deaths	Total	International ²	Domestic
United States	14,369,408	8,527,205	24,762,895	16,235,690	5,842,203	5,842,203	(X)
Northeast	891,157	1,000,702	3,976,268	2,975,566	-35,901	1,581,612	-1,617,513
Midwest	1,011,604	1,470,136	5,206,369	3,736,233	-417,977	773,061	-1,191,038
South	7,756,569	3,200,623	9,495,205	6,294,582	4,459,788	2,165,692	2,294,096
West	4,710,078	2,855,744	6,085,053	3,229,309	1,836,293	1,321,838	514,455
Alabama	83,169	54,796	367,421	312,625	27,555	29,630	-2,075
Alaska	31,645	45,375	71,088	25,713	-13,454	13,791	-27,245
Arizona	538,770	218,903	539,307	320,404	305,233	81,853	223,380
Arkansas	72,223	51,216	238,842	187,626	21,775	19,238	2,537
California	1,995,495	1,571,251	3,135,219	1,563,968	443,210	826,554	-383,344
Colorado	511,221	198,148	411,768	213,620	306,202	62,531	243,671
Connecticut	2,338	42,894	228,277	185,383	-34,774	100,910	-135,684
Delaware	54,129	17,881	68,977	51,096	35,621	15,135	20,486
District of Columbia	79,404	28,420	58,893	30,473	50,470	23,794	26,676
Florida	1,807,847	203,166	1,353,262	1,150,096	1,562,390	695,906	866,484
Georgia	621,691	348,541	817,366	468,825	263,358	144,659	118,699
Hawaii	68,256	49,457	117,502	68,045	20,050	48,549	-28,499
Idaho	115,490	66,179	142,224	76,045	47,053	9,986	37,067
Illinois	-30,035	343,082	992,140	649,058	-361,646	178,520	-540,166
Indiana	148,917	148,571	521,319	372,748	4,511	63,671	-59,160
Iowa	87,824	65,045	243,461	178,416	24,643	35,326	-10,683
Kansas	54,160	88,736	246,116	157,380	-34,632	35,867	-70,499
Kentucky	97,630	73,541	346,968	273,427	26,135	40,051	-13,916
Louisiana	148,187	126,378	393,453	267,075	21,958	44,308	-22,350
Maine	3,115	-3,554	79,584	83,138	7,753	9,715	-1,962
Maryland	242,661	170,287	457,026	286,739	77,875	161,392	-83,517
Massachusetts	263,966	110,159	452,120	341,961	163,483	236,088	-72,605

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Michigan	44,171	137,008	710,867	573,859	-87,519	128,353	-215,872
Minnesota	216,028	177,116	431,430	254,314	42,028	80,206	-38,178
Mississippi	20,623	54,752	241,975	187,223	-35,013	14,296	-49,309
Missouri	104,072	114,300	470,801	356,501	-6,804	51,332	-58,136
Montana	53,106	18,515	76,644	58,129	33,673	3,945	29,728
Nebraska	80,782	66,791	163,686	96,895	14,572	24,303	-9,731
Nevada	239,367	87,581	222,508	134,927	146,626	42,594	104,032
New Hampshire	18,334	9,205	78,003	68,798	9,804	12,587	-2,783
New Jersey	152,516	201,216	649,061	447,845	-39,135	297,224	-336,359
New Mexico	21,817	59,585	165,723	106,138	-37,780	15,183	-52,963
New York	367,179	546,619	1,495,760	949,141	-147,221	699,448	-846,669
North Carolina	611,100	228,434	751,818	523,384	370,369	128,086	242,283
North Dakota	85,361	28,036	66,088	38,052	56,271	9,475	46,796
Ohio	77,646	159,305	865,493	706,188	-70,390	112,592	-182,982
Oklahoma	171,946	92,535	331,103	238,568	78,417	38,804	39,613
Oregon	262,393	74,084	284,655	210,571	184,204	38,917	145,287
Pennsylvania	81,370	83,072	887,430	804,358	11,424	195,038	-183,614
Rhode Island	3,486	7,657	68,094	60,437	-3,159	25,406	-28,565
South Carolina	335,709	81,678	358,823	277,145	243,861	36,963	206,898
South Dakota	51,259	29,771	75,478	45,707	21,072	9,563	11,509
Tennessee	304,896	110,000	502,451	392,451	191,384	55,613	135,771
Texas	2,716,496	1,319,914	2,437,794	1,117,880	1,375,776	508,843	866,933
Utah	287,329	222,429	321,460	99,031	65,017	32,159	32,858
Vermont	-1,147	3,434	37,939	34,505	-4,076	5,196	-9,272
Virginia	410,767	248,850	641,455	392,605	157,996	202,410	-44,414
Washington	563,455	225,566	549,553	323,987	333,395	142,595	190,800
West Virginia	-21,909	-9,766	127,578	137,344	-10,139	6,564	-16,703

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Wisconsin	91,419	112,375	419,490	307,115	-20,083	43,853	-63,936
Wyoming	21,734	18,671	47,402	28,731	2,864	3,181	-317
Puerto Rico	-314,850	45,293	228,672	183,379	-360,143	-360,143	(X)

(X) Not applicable.

¹ Total population change includes a residual. This residual represents the change in population that cannot be attributed to any specific demographic component. See Population Estimates Terms and Definitions at <http://www.census.gov/programs-surveys/popest/about/glossary.html>.

² Net international migration for the United States includes the international migration of both native and foreign-born populations. Specifically, it includes: (a) the net international migration of the foreign born, (b) the net migration between the United States and Puerto Rico, (c) the net migration of natives to and from the United States, and (d) the net movement of the Armed Forces population between the United States and overseas. Net international migration for Puerto Rico includes the migration of native and foreign-born populations between the United States and Puerto Rico.

Note: The estimates are based on the 2010 Census and reflect changes to the April 1, 2010 population due to the Count Question Resolution program and geographic program revisions. See Geographic Terms and Definitions at <http://www.census.gov/programs-surveys/popest/guidance-geographies/terms-and-definitions.html> for a list of the states that are included in each region. All geographic boundaries for the 2016 population estimates series except statistical area delineations are as of January 1, 2016. For population estimates methodology statements, see <http://www.census.gov/programs-surveys/popest/technical-documentation/methodology.html>.

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Source: U.S. Census Bureau, Population Division

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