

# Vintage 2025 County Population Estimates for the State of Hawaii: July 1, 2020 through July 1, 2025

The U.S. Census Bureau released the Vintage 2025 county-level population estimates on March 26, 2026. This release provides population totals and components of change for 2020 to 2025, including revisions to previously published data for 2020 and 2024.

## Annual growth rate

The state population declined at an average annual rate of -0.3% between July 1, 2020, and July 1, 2025. Both Honolulu County and Maui County saw their populations contract at an average annual rate of -0.5%. In contrast, the other two counties experienced growth; Hawaii County led growth in the State with an average annual growth rate of 0.9%, while Kauai County grew by 0.1% per year.

**Table 1. RESIDENT POPULATION BY COUNTY: 2020 to 2025**

Year	State total	City and County of Honolulu	Hawaii County	Kauai County	Maui County
2020 April 1 1/	1,455,267	1,016,504	200,632	73,295	164,836
2020 July 1	1,451,130	1,012,334	200,744	73,210	164,842
2021 July 1	1,446,909	1,004,238	203,941	73,843	164,887
2022 July 1	1,437,812	993,798	206,031	73,707	164,276
2023 July 1	1,434,950	989,698	207,476	73,672	164,104
2024 July 1	1,434,952	990,142	209,050	73,440	162,320
2025 July 1	1,432,820	988,703	210,043	73,400	160,674
Annual growth rate (based on estimates for July 1)					
2020-2021	-0.3	-0.8	1.6	0.9	0.0
2021-2022	-0.6	-1.0	1.0	-0.2	-0.4
2022-2023	-0.2	-0.4	0.7	0.0	-0.1
2023-2024	0.0	0.0	0.8	-0.3	-1.1
2024-2025	-0.1	-0.1	0.5	-0.1	-1.0
2020-2025 Average	-0.3	-0.5	0.9	0.1	-0.5

1/ April 1 figure used as the resident population estimates base figure.

## Components of change

The average number of births and deaths in the state was 15,173 and 12,804 per year, respectively, resulting in an average natural increase of 2,369 people per year between July 1, 2020, and July 1, 2025.

Honolulu County accounted for majority of the state’s vital events, with 71.0% of births and 68.0% of deaths in the state between July 1, 2020, and July 1, 2025. Hawaii County accounted for 13.3% of births but a higher share of

*Maui County includes Kalawao County for analysis.*

deaths at 15.8%. Maui County accounted for 10.7% of births and 11.1% of deaths, while Kauai County made up roughly 4.9% of the state’s births and 5.1% of deaths.

Between July 1, 2020, and July 1, 2025, the state experienced an average net loss of 6,036 people a year from migration. There was an average of 4,871 net in-migrants from foreign countries; however, there was an average of 10,907 net out-migrants leaving the state for the continental U.S. Hawaii County, with a net gain of 1,871 migrants per year, was the only county in the state to achieve positive net migration during the period. Honolulu County saw the largest average net loss at 6,794 people per year, followed by Maui County at a net loss of 1,054 people per year, and Kauai County at a net loss of 59 people per year. These three counties had positive net international migration but negative net domestic migration.

**Table 2. COMPONENTS OF POPULATION CHANGE, BY COUNTY: 2020 to 2025**

<b>Component of population change</b>	<b>State total</b>	<b>City and County of Honolulu</b>	<b>Hawaii County</b>	<b>Kauai County</b>	<b>Maui County</b>
<b>Births</b>					
2020 to 2021	15,525	10,996	2,039	792	1,698
2021 to 2022	15,726	11,207	2,031	796	1,692
2022 to 2023	15,245	10,823	2,062	743	1,617
2023 to 2024	14,737	10,429	2,022	707	1,579
2024 to 2025	14,631	10,391	1,970	702	1,568
<i>2020-2025 Average</i>	15,173	10,769	2,025	748	1,631
<b>Deaths</b>					
2020 to 2021	12,239	8,441	1,866	577	1,355
2021 to 2022	13,490	9,200	2,250	646	1,394
2022 to 2023	12,979	8,779	2,082	711	1,407
2023 to 2024	12,704	8,590	1,947	669	1,498
2024 to 2025	12,607	8,527	1,940	668	1,472
<i>2020-2025 Average</i>	12,804	8,707	2,017	654	1,425
<b>Net international migration</b>					
2020 to 2021	2,052	1,378	327	108	239
2021 to 2022	4,598	3,336	608	179	475
2022 to 2023	6,350	4,758	751	198	643
2023 to 2024	6,588	4,676	919	254	739
2024 to 2025	4,768	3,431	673	178	486
<i>2020-2025 Average</i>	4,871	3,516	656	183	516
<b>Net domestic migration</b>					
2020 to 2021	-9,849	-12,176	2,730	253	-656
2021 to 2022	-15,999	-15,953	1,701	-434	-1,313
2022 to 2023	-11,327	-10,817	750	-254	-1,006
2023 to 2024	-8,486	-5,921	608	-521	-2,652
2024 to 2025	-8,876	-6,682	288	-256	-2,226
<i>2020-2025 Average</i>	-10,907	-10,310	1,215	-242	-1,571

*Maui County includes Kalawao County for analysis.*

To view Hawaii data, visit [DBEDT Census Population Estimates](#). For original data, visit [U.S. Census Bureau’s Population and Housing Estimates Tables, Vintage 2025](#). Highlights compiled by Giovanni Vila, Hawaii State Data Center.