

Table 2.24-- HEALTH RISK BEHAVIORS AND CONDITIONS FOR PERSONS 18 YEARS AND OLDER, BY COUNTY: 2011

[Major changes were made for calendar year 2011 data which improved coverage bias, non-response bias and overall survey error. Therefore, the results of prior years may not be compared with the 2011 data. Weighted percent of adults who reported the health risk behaviors or conditions. Ninety-five percent confidence interval in parenthesis, when available]

Risk factor	State	Honolulu	Hawaii	Kauai	Maui
Seatbelt non-use	1.3 (0.8- 1.9)	1.3 (0.7- 2.2)	0.8 (0.4- 1.5)	0.4 (0.1- 1.3)	2.3 (1.1- 4.4)
Binge drinking 1/	20.4 (18.9-22.0)	20.3 (18.3- 22.3)	21.5 (18.2- 25.2)	16.2 (12.2- 21.1)	21.5 (18.5- 25.0)
High cholesterol 2/	27.8 (26.4- 29.3)	29.0 (27.1- 31.0)	25.1 (22.3- 28.1)	24.9 (20.5- 29.9)	25.8 (22.9- 28.9)
Hypertension 3/	29.3	30.1	29.4	27.6	25.8
Lack of exercise 4/	20.6 (19.1-22.0)	21.1 (19.3- 23.1)	20.4 (17.5- 23.6)	17.0 (13.4- 21.2)	19.1 (16.2- 22.4)
Less vegetables 5/	80.6	81.7	79.6	75.7	79.3
Diabetes 6/	9.2	9.5	7.4	9.9	9.5
Asthma 7/	16.2 (14.9- 17.6)	16.3 (14.7- 18.2)	16.8 (14.1- 19.8)	14.9 (10.9- 20.0)	15.4 (12.7- 18.6)
Current smokers	16.8 (15.5- 18.3)	16.5 (14.8- 18.4)	19.1 (16.3- 22.2)	19.9 (15.0- 25.9)	14.8 (12.0- 18.1)
Overweight 8/	32.8 (31.2- 34.5)	33.1 (31.0- 35.2)	33.6 (30.2- 37.3)	32.3 (27.1- 38.0)	30.1 (26.8- 33.7)
Obese 9/	21.2	21.1	23.4	18.0	21.3

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Table 2.24-- HEALTH RISK BEHAVIORS AND CONDITIONS FOR PERSONS 18 YEARS AND OLDER, BY COUNTY: 2011 -- Con.

1/ Five or more alcoholic beverages on at least one occasion during the past 30 days. From 2007 onward, defined as five or more drinks for men, or four or more drinks for women, on one occasion.

2/ Told by doctor, nurse or other health professional that their blood cholesterol was high.

3/ Told by doctor, nurse or other health professional that they have high blood pressure. Includes high blood pressure during pregnancy.

4/ Other than your regular job, did not participate in any physical activities or exercises during the past 30 days.

5/ Eat vegetables (including beans and peas) less than three times a day.

6/ Told by doctor or health professional that they have diabetes. Includes diabetes during pregnancy.

7/ Told by doctor, nurse or other health professional that they have asthma.

8/ Body mass index (BMI) greater than or equal to 25 and less than 30. Criteria used in this table differs from the criteria used in years prior to 2000.

9/ Body mass index (BMI) equal to or greater than 30.

Source: Hawaii State Department of Health, Office of Health Status Monitoring, Behavioral Risk Factor Surveillance System (BRFSS) <<http://hawaii.gov/health/statistics/brfss/brfss2011/subareas11.html>> accessed June 5, 2013.