

Table 2.24-- HEALTH RISK BEHAVIORS AND CONDITIONS FOR PERSONS 18 YEARS AND OLDER, BY COUNTY: 2012

[Major changes were made for calendar year 2011 data which improved coverage bias, non-response bias and overall survey error. Therefore, the results of prior years may not be compared with the 2011 data and onward. Weighted percent of adults who reported the health risk behaviors or conditions. Ninety-five percent confidence interval in parenthesis, when available]

| Risk factor | State | Honolulu | Hawaii | Kauai | Maui |
|---|----------------------|----------------------|----------------------|----------------------|----------------------|
| Seatbelt non-use | 1.0 (0.7- 1.5) | 1.1 (0.7- 1.7) | 0.6 (0.3- 1.2) | 0.7 (0.2- 2.1) | 1.5 (0.7- 3.3) |
| Binge drinking 1/ | 18.2 (16.9-19.5) | 17.5 (16.0- 19.2) | 21.1 (18.0- 24.6) | 21.4 (16.1- 28.0) | 17.6 (14.5- 21.2) |
| High cholesterol 2/ | (NA) | (NA) | (NA) | (NA) | (NA) |
| Hypertension 3/ | (NA) | (NA) | (NA) | (NA) | (NA) |
| Lack of exercise 4/ | 18.7 (17.4-20.2) | 18.7 (17.0- 20.6) | 20.1 (17.1- 23.4) | 15.7 (12.0- 20.2) | 18.9 (15.6- 22.6) |
| Less vegetables 5/ | (NA) | (NA) | (NA) | (NA) | (NA) |
| Drinking soda and sweetened fruit drinks 6/ | 8.8 (7.8-10.0) | 9.3 (8.0- 10.9) | 7.5 (5.7- 9.9) | 8.6 (5.5- 13.0) | 7.2 (5.3- 9.9) |
| Eating fast foods 7/ | 64.6 | 68.7 | 56.7 | 59.0 | 51.0 |
| Diabetes 8/ | 8.7 | 8.8 | 9.7 | 8.1 | 7.5 |
| Asthma 9/ | 14.3 (13.2- 15.6) | 14.5 (13.0- 16.1) | 16.4 (13.7- 19.6) | 10.6 (8.3- 13.5) | 12.6 (10.2- 15.5) |
| Current smokers | 14.6 (13.3- 15.9) | 14.1 (12.6- 15.8) | 16.4 (13.8- 19.5) | 17.6 (12.6- 24.1) | 13.9 (11.3- 16.9) |
| Overweight 10/ | 32.5 (30.9- 34.1) | 32.0 (30.0- 34.1) | 33.9 (30.3- 37.6) | 26.8 (22.3- 31.9) | 36.1 (31.9- 40.4) |
| Obese I 11/ | 15.5 (14.2- 16.9) | 15.5 (13.8- 17.3) | 15.7 (13.0- 18.9) | 15.3 (11.4- 20.1) | 15.6 (12.6- 19.2) |

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Table 2.24-- HEALTH RISK BEHAVIORS AND CONDITIONS FOR PERSONS 18 YEARS AND OLDER, BY COUNTY: 2012 -- Con.

| Risk factor | State | Honolulu | Hawaii | Kauai | Maui |
|--------------------|-------------------|-------------------|-------------------|-------------------|-------------------|
| Obese II 11/ | 5.1 (4.3- 6.0) | 5.4 (4.4- 6.6) | 6.3 (4.7- 8.3) | 2.6 (1.5- 4.5) | 3.2 (2.1- 4.9) |
| Obese III 11/ | 2.9 (2.3- 3.7) | 3.1 (2.3- 4.1) | 2.8 (1.8- 4.3) | 3.0 (1.6- 5.6) | 2.3 (1.5- 3.7) |

- 1/ Five or more drinks for men, or four or more drinks for women, on one occasion.
- 2/ Told by doctor, nurse or other health professional that their blood cholesterol was high.
- 3/ Told by doctor, nurse or other health professional that they have high blood pressure. Includes high blood pressure during pregnancy.
- 4/ Other than your regular job, did not participate in any physical activities or exercises during the past month.
- 5/ Eat vegetables (including beans and peas) less than three times a day.
- 6/ Drinks soda and sweetened fruit drinks two times or more per day.
- 7/ Eat fast foods one or more times within the past 7 days.
- 8/ Told by doctor or health professional that they have diabetes. Includes diabetes during pregnancy.
- 9/ Told by doctor, nurse or other health professional that they have asthma.
- 10/ Body mass index (BMI) greater than or equal to 25 but less than 30. Criteria used in this table differs from the criteria used in years prior to 2000.
- 11/ From calendar year 2011, the one obese category which had been used earlier was separated into 3 obese categories. Obese I has BMIs greater than or equal to 30 but less than 35; Obese II has BMIs greater than or equal to 35 but less than 40; and Obese III has BMIs greater than or equal to 40.

Source: Hawaii State Department of Health, Office of Health Status Monitoring, Behavioral Risk Factor Surveillance System (BRFSS) <http://health.hawaii.gov/brfss/files/2013/11/HBRFSS_2012resultsP.pdf> accessed June 6, 2014.