

Table 2.24-- HEALTH RISK BEHAVIORS AND CONDITIONS FOR PERSONS 18 YEARS AND OLDER, BY COUNTY: 2013

[Major changes were made for calendar year 2011 data which improved coverage bias, non-response bias and overall survey error. Therefore, the results of prior years may not be compared with the 2011 data and onward. Weighted percent of adults who reported the health risk behaviors or conditions. Ninety-five percent confidence interval in parenthesis, when available]

Risk factor	State	Honolulu	Hawaii	Kauai	Maui
Seatbelt non-use	0.4 (0.3- 0.7)	0.4 (0.3- 0.7)	(NA)	(NA)	(NA)
Binge drinking 1/	18.3 (17.0- 19.6)	18.8 (17.1- 20.6)	15.4 (13.2- 17.9)	18.2 (15.1- 21.8)	18.3 (15.5- 21.3)
High cholesterol 2/	34.9 (33.3- 36.7)	34.4 (32.3- 36.7)	36.8 (33.2- 40.6)	32.7 (28.2- 37.5)	37.0 (33.4- 40.9)
Hypertension 3/	28.5 (27.1- 29.9)	28.6 (26.8- 30.5)	28.9 (25.8- 32.3)	25.4 (21.8- 29.4)	28.6 (25.5- 31.8)
Lack of exercise 4/	22.1 (20.7- 23.6)	22.1 (20.3- 24.1)	21.5 (18.6- 24.7)	23.8 (19.8- 28.2)	22.2 (19.1- 25.7)
Less consumption of vegetables 5/	81.4	83.0	79.2	80.2	74.3
Less consumption of fruit or 100% pure fruit juice 6/	87.4	88.3	86.0	87.8	83.2
Diabetes 7/	8.4 (7.5- 9.3)	8.5 (7.4- 9.8)	8.2 (6.6- 10.1)	9.1 (6.8- 12.0)	7.5 (5.7- 9.8)
Asthma 8/	16.6 (15.3- 17.9)	16.7 (15.1- 18.4)	17.7 (15.1- 20.7)	13.8 (11.0- 17.3)	15.9 (13.2- 19.0)
Current smokers	13.3 (12.2- 14.5)	12.2 (10.9- 13.7)	17.6 (14.9- 20.8)	12.6 (9.9- 16.0)	15.0 (12.2- 18.4)
Overweight 9/	33.6 (32.0- 35.1)	33.5 (31.6- 35.6)	33.7 (30.5- 37.0)	35.1 (30.9- 39.5)	32.8 (29.4- 36.3)
Obese I 10/	14.8 (13.6- 16.1)	14.3 (12.7- 15.9)	16.3 (13.6- 19.4)	12.1 (9.6- 15.0)	17.5 (14.5- 21.0)

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Table 2.24-- HEALTH RISK BEHAVIORS AND CONDITIONS FOR PERSONS 18 YEARS AND OLDER, BY COUNTY: 2013 -- Con.

Risk factor	State	Honolulu	Hawaii	Kauai	Maui
Obese II 10/	4.6 (4.0- 5.4)	4.8 (4.0- 5.8)	4.0 (2.9- 5.5)	3.6 (2.4- 5.2)	4.8 (3.5- 6.4)
Obese III 10/	2.4 (2.0- 2.9)	2.4 (1.9- 3.1)	2.4 (1.5- 3.7)	(NA)	2.1 (1.5- 3.1)

NA Not available.

1/ Five or more drinks for men, or four or more drinks for women, on one occasion.

2/ Told by doctor, nurse or other health professional that their blood cholesterol was high.

3/ Told by doctor, nurse or other health professional that they have high blood pressure. Does not include high blood pressure during pregnancy because data was not available for some of the counties.

4/ Other than your regular job, did not participate in any physical activities or exercises during the past month.

5/ Consumption of vegetables (including beans and peas) less than three times per day.

6/ Consumption of fruit or 100% pure fruit juice less than three times per day.

7/ Told by doctor or health professional that they have diabetes. Does not includes diabetes during pregnancy because data was not available for some of the counties.

8/ Told by doctor, nurse or other health professional that they have asthma.

9/ Body mass index (BMI) greater than or equal to 25 but less than 30. Criteria used in this table differs from the criteria used in years prior to 2000.

10/ From calendar year 2011, the one obese category which had been used earlier was separated into 3 obese categories. Obese I has BMIs greater than or equal to 30 but less than 35; Obese II has BMIs greater than or equal to 35 but less than 40; and Obese III has BMIs greater than or equal to 40.

Source: Hawaii State Department of Health, Office of Health Status Monitoring, Behavioral Risk <http://health.hawaii.gov/brfss/files/2015/04/HBRFSS_2013results_OCT06_Apr15.pdf> accessed June 14, 2015.