

Table 2.24-- HEALTH RISK BEHAVIORS AND CONDITIONS FOR PERSONS 18 YEARS AND OLDER, BY COUNTY: 2016

[2016 data unless otherwise specified. Weighted percent of adults who reported the health risk behaviors or conditions. Ninety-five percent confidence interval in parenthesis, when available]

Risk factor	State	Honolulu	Hawaii	Kauai	Maui
Adult seatbelt non-use 1/	7.1 (NA)	6.2 (NA)	8.9 (NA)	6.6 (NA)	8.7 (NA)
Binge drinking 2/	18.6 (17.3- 19.9)	18.0 (16.3- 19.8)	20.5 (17.5- 24.0)	20.8 (17.1- 25.1)	18.8 (16.0- 22.0)
High cholesterol 3/ 4/	36.3 (34.7- 38.1)	36.8 (34.6- 39.1)	35.4 (31.9- 39.2)	36.9 (31.9- 42.2)	35.8 (32.2- 39.7)
Hypertension 4/ 5/	32.0 (30.5- 33.5)	33.4 (31.5- 35.4)	31.6 (28.3- 35.1)	32.6 (28.5- 37.1)	27.1 (24.1- 30.3)
Lack of physical activities 6/	20.8 (NA)	21.6 (NA)	18.8 (NA)	16.7 (NA)	19.6 (NA)
Less consumption of vegetables 4/ 7/	78.8 (NA)	79.7 (NA)	76.8 (NA)	77.9 (NA)	77.8 (NA)
Less consumption of fruit or fruit juice 4/ 8/	71.1 (NA)	72.4 (NA)	69.3 (NA)	66.9 (NA)	68.0 (NA)
Kidney disease 9/	3.7 (3.2- 4.4)	4.1 (3.3- 5.0)	3.2 (2.2- 4.5)	4.1 (2.3- 7.0)	3.0 (2.2- 4.0)
Diabetes 10/	10.5 (9.6- 11.4)	10.2 (9.1- 11.4)	11.5 (9.5- 13.8)	11.7 (9.4- 14.4)	11.5 (9.4- 14.0)
Asthma 11/	17.3 (16.1- 18.5)	17.3 (15.8- 18.9)	19.6 (16.5- 23.2)	15.4 (12.4- 19.1)	17.2 (14.8- 20.0)
Current smoker 12/	13.1 (12.0- 14.2)	11.9 (10.5- 13.4)	16.3 (13.5- 19.5)	15.1 (11.9- 18.9)	15.2 (12.7- 18.1)
Overweight 13/	33.8 (32.3- 35.3)	33.7 (31.7- 35.7)	35.0 (31.4- 38.8)	33.3 (29.1- 37.8)	34.0 (30.6- 37.5)
Obese I 13/	14.4 (13.4- 15.6)	14.0 (12.6- 15.5)	15.8 (13.3- 18.7)	17.6 (14.4- 21.3)	15.0 (12.4- 18.0)

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Table 2.24-- HEALTH RISK BEHAVIORS AND CONDITIONS FOR PERSONS 18 YEARS AND OLDER, BY COUNTY: 2016 -- Con.

Risk factor	State	Honolulu	Hawaii	Kauai	Maui
Obese II 13/	5.6 (4.9- 6.4)	5.5 (4.5- 6.5)	6.3 (4.6- 8.6)	4.9 (3.1- 7.6)	5.9 (4.5- 7.8)
Obese III 13/	3.8 (3.2- 4.5)	3.9 (3.1- 4.8)	4.8 (3.2- 7.0)	(NA) (NA)	3.4 (2.4- 4.8)

NA Not available.

- 1/ Adults who do not always wear seatbelts in cars.
- 2/ Five or more drinks for men, or four or more drinks for women, on one occasion in the past 30 days.
- 3/ Told by doctor, nurse or other health professional that their blood cholesterol was high.
- 4/ 2015 data. May differ from data in previous *Data Books*.
- 5/ Adult told by doctor, nurse or other health professional that they have high blood pressure.
- 6/ Other than your regular job, did not participate in any physical activities or exercise such as running, calisthenics, golf, gardening, or walking for exercise in the past month.
- 7/ Eat vegetables less than three times per day.
- 8/ Eat fruit or drink fruit juice less than two times per day.
- 9/ Told you have kidney disease. Does not include kidney stone, bladder infection or incontinence.
- 10/ Told by doctor or health professional that they have diabetes.
- 11/ Told by doctor, nurse or other health professional that they have asthma.
- 12/ Adults who ever smoked 100 cigarettes and who now smoke some days or every day.
- 13/ Overweight has BMIs greater than or equal to 25 but less than 30. Obese I has BMIs greater than or equal to 30 but less than 35; Obese II has BMIs greater than or equal to 35 but less than 40; and Obese III has BMIs greater than or equal to 40.

Source: Hawaii State Department of Health, Hawaii Indicator-Based Information System (Hawaii-IBIS) <http://ibis.hhdw.org/ibisph-view/query/selection/brfss/_BRFSSSelection.html> accessed June 7, 2018.