

**Table 2. Cumulative Estimates of Resident Population Change for the United States, Regions, States, and Puerto Rico and Region and State Rankings: April 1, 2010 to July 1, 2019**

Geographic Area	Population Estimate		Change, 2010 to 2019		National Ranking of Regions and States			
	April 1, 2010 Estimates Base	July 1, 2019	Number	Percent	Population Estimate		Change, 2010 to 2019	
					April 1, 2010 Estimates Base	July 1, 2019	Number	Percent
<b>United States</b>	308,758,105	328,239,523	19,481,418	6.3	(X)	(X)	(X)	(X)
<b>Northeast</b>	55,318,443	55,982,803	664,360	1.2	4	4	4	4
<b>Midwest</b>	66,929,725	68,329,004	1,399,279	2.1	3	3	3	3
<b>South</b>	114,563,030	125,580,448	11,017,418	9.6	1	1	1	1
<b>West</b>	71,946,907	78,347,268	6,400,361	8.9	2	2	2	2
Alabama	4,780,125	4,903,185	123,060	2.6	23	24	25	34
Alaska	710,249	731,545	21,296	3.0	47	48	43	31
Arizona	6,392,288	7,278,717	886,429	13.9	16	14	7	8
Arkansas	2,916,031	3,017,804	101,773	3.5	32	33	31	29
California	37,254,519	39,512,223	2,257,704	6.1	1	1	3	21
Colorado	5,029,319	5,758,736	729,417	14.5	22	21	8	4
Connecticut	3,574,147	3,565,287	-8,860	-0.2	29	29	49	48
Delaware	897,937	973,764	75,827	8.4	45	45	36	16
District of Columbia	601,767	705,749	103,982	17.3	50	49	29	1
Florida	18,804,564	21,477,737	2,673,173	14.2	4	3	2	5
Georgia	9,688,729	10,617,423	928,694	9.6	9	8	5	14
Hawaii	1,360,307	1,415,872	55,565	4.1	40	40	40	26
Idaho	1,567,657	1,787,065	219,408	14.0	39	39	19	7
Illinois	12,831,572	12,671,821	-159,751	-1.2	5	6	51	50
Indiana	6,484,051	6,732,219	248,168	3.8	15	17	18	27
Iowa	3,046,871	3,155,070	108,199	3.6	30	31	27	28
Kansas	2,853,123	2,913,314	60,191	2.1	33	35	39	38
Kentucky	4,339,333	4,467,673	128,340	3.0	26	26	24	32
Louisiana	4,533,487	4,648,794	115,307	2.5	25	25	26	35
Maine	1,328,358	1,344,212	15,854	1.2	41	42	44	41
Maryland	5,773,794	6,045,680	271,886	4.7	19	19	17	25

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Massachusetts	6,547,785	6,892,503	344,718	5.3	14	15	15	24
Michigan	9,884,116	9,986,857	102,741	1.0	8	10	30	42
Minnesota	5,303,927	5,639,632	335,705	6.3	21	22	16	20
Mississippi	2,968,130	2,976,149	8,019	0.3	31	34	46	47
Missouri	5,988,950	6,137,428	148,478	2.5	18	18	22	36
Montana	989,407	1,068,778	79,371	8.0	44	43	35	17
Nebraska	1,826,305	1,934,408	108,103	5.9	38	37	28	22
Nevada	2,700,677	3,080,156	379,479	14.1	35	32	14	6
New Hampshire	1,316,462	1,359,711	43,249	3.3	42	41	41	30
New Jersey	8,791,978	8,882,190	90,212	1.0	11	11	33	43
New Mexico	2,059,199	2,096,829	37,630	1.8	36	36	42	39
New York	19,378,144	19,453,561	75,417	0.4	3	4	37	46
North Carolina	9,535,751	10,488,084	952,333	10.0	10	9	4	13
North Dakota	672,576	762,062	89,486	13.3	48	47	34	9
Ohio	11,536,751	11,689,100	152,349	1.3	7	7	21	40
Oklahoma	3,751,582	3,956,971	205,389	5.5	28	28	20	23
Oregon	3,831,079	4,217,737	386,658	10.1	27	27	13	12
Pennsylvania	12,702,868	12,801,989	99,121	0.8	6	5	32	44
Rhode Island	1,052,964	1,059,361	6,397	0.6	43	44	47	45
South Carolina	4,625,366	5,148,714	523,348	11.3	24	23	10	11
South Dakota	814,198	884,659	70,461	8.7	46	46	38	15
Tennessee	6,346,276	6,829,174	482,898	7.6	17	16	11	18
Texas	25,146,091	28,995,881	3,849,790	15.3	2	2	1	3
Utah	2,763,891	3,205,958	442,067	16.0	34	30	12	2
Vermont	625,737	623,989	-1,748	-0.3	49	50	48	49
Virginia	8,001,049	8,535,519	534,470	6.7	12	12	9	19

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Washington	6,724,540	7,614,893	890,353	13.2	13	13	6	10
West Virginia	1,853,018	1,792,147	-60,871	-3.3	37	38	50	51
Wisconsin	5,687,285	5,822,434	135,149	2.4	20	20	23	37
Wyoming	563,775	578,759	14,984	2.7	51	51	45	33
<b>Puerto Rico</b>	3,726,157	3,193,694	-532,463	-14.3	(X)	(X)	(X)	(X)

Dash (-) represents zero or rounds to zero.

(X) Not applicable.

Note: The estimates are based on the 2010 Census and reflect changes to the April 1, 2010 population due to the Count Question Resolution program and geographic program revisions. See Geographic Terms and Definitions at <http://www.census.gov/programs-surveys/popest/guidance-geographies/terms-and-definitions.html> for a list of the states that are included in each region. All geographic boundaries for the 2019 population estimates series except statistical area delineations are as of January 1, 2019. For population estimates methodology statements, see <http://www.census.gov/programs-surveys/popest/technical-documentation/methodology.html>.

**Suggested Citation:**

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**Source: U.S. Census Bureau, Population Division**

**Release Date: December 2019**