

Estimates of the Total Resident Population and Resident Population Age 18 Years and Older for the United States, Regions, States, District of Columbia, and Puerto Rico: July 1, 2021

Geographic Area	Total Resident Population	Resident Population Age 18 Years and Older	
		Total	Percent
United States	331,893,745	258,327,312	77.8
Northeast	57,159,838	45,423,447	79.5
Midwest	68,841,444	53,386,872	77.6
South	127,225,329	98,456,894	77.4
West	78,667,134	61,060,099	77.6
Alabama	5,039,877	3,917,625	77.7
Alaska	732,673	553,317	75.5
Arizona	7,276,316	5,662,328	77.8
Arkansas	3,025,891	2,322,502	76.8
California	39,237,836	30,465,205	77.6
Colorado	5,812,069	4,568,613	78.6
Connecticut	3,605,597	2,875,887	79.8
Delaware	1,003,384	795,090	79.2
District of Columbia	670,050	544,215	81.2
Florida	21,781,128	17,491,848	80.3
Georgia	10,799,566	8,275,264	76.6
Hawaii	1,441,553	1,137,154	78.9
Idaho	1,900,923	1,431,897	75.3
Illinois	12,671,469	9,868,245	77.9
Indiana	6,805,985	5,218,979	76.7
Iowa	3,193,079	2,456,703	76.9
Kansas	2,934,582	2,231,518	76.0
Kentucky	4,509,394	3,493,482	77.5
Louisiana	4,624,047	3,541,104	76.6
Maine	1,372,247	1,120,338	81.6
Maryland	6,165,129	4,801,825	77.9
Massachusetts	6,984,723	5,622,590	80.5
Michigan	10,050,811	7,897,432	78.6
Minnesota	5,707,390	4,389,823	76.9
Mississippi	2,949,965	2,257,130	76.5
Missouri	6,168,187	4,783,630	77.6
Montana	1,104,271	869,201	78.7
Nebraska	1,963,692	1,480,808	75.4
Nevada	3,143,991	2,445,243	77.8
New Hampshire	1,388,992	1,132,616	81.5
New Jersey	9,267,130	7,244,002	78.2
New Mexico	2,115,877	1,642,656	77.6
New York	19,835,913	15,722,590	79.3

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North Carolina	10,551,162	8,249,659	78.2
North Dakota	774,948	589,247	76.0
Ohio	11,780,017	9,174,388	77.9
Oklahoma	3,986,639	3,025,109	75.9
Oregon	4,246,155	3,384,804	79.7
Pennsylvania	12,964,056	10,290,047	79.4
Rhode Island	1,095,610	886,783	80.9
South Carolina	5,190,705	4,073,613	78.5
South Dakota	895,376	674,947	75.4
Tennessee	6,975,218	5,434,544	77.9
Texas	29,527,941	22,052,508	74.7
Utah	3,337,975	2,390,732	71.6
Vermont	645,570	528,594	81.9
Virginia	8,642,274	6,757,448	78.2
Washington	7,738,692	6,062,570	78.3
West Virginia	1,782,959	1,423,928	79.9
Wisconsin	5,895,908	4,621,152	78.4
Wyoming	578,803	446,379	77.1
Puerto Rico	3,263,584	2,717,794	83.3

Note: The estimates are developed from a base that incorporates the 2020 Census, Vintage 2020 estimates, and 2020 Demographic Analysis estimates. For population estimates methodology statements, see <https://www.census.gov/programs-surveys/popest/technical-documentation/methodology.html>. See Geographic Terms and Definitions at <https://www.census.gov/programs-surveys/popest/guidance-geographies/terms-and-definitions.html> for a list of the states that are included in each region. The estimates feature geographic boundaries from the Vintage 2020 estimates series; the geographic boundaries for these 2021 population estimates are as of January 1, 2020.

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Source: U.S. Census Bureau, Population Division

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