

Annual and Cumulative Estimates of Resident Population Change for the United States, Regions, States, District of Columbia, and Puerto Rico and Region and State Rankings: April 1, 2020 to July 1, 2022

Geographic Area	April 1, 2020 Population Estimates Base	Population Estimate (as of July 1)			National Ranking of Regions and States			
		2020	2021	2022	April 1, 2020 Population Estimates Base	Population Estimate (as of July 1)		
						2020	2021	2022
United States	331,449,520	331,511,512	332,031,554	333,287,557	(X)	(X)	(X)	(X)
Northeast	x	57,448,898	57,259,257	57,040,406	4	4	4	4
Midwest	68,985,537	68,961,043	68,836,505	68,787,595	3	3	3	3
South	126,266,262	126,450,613	127,346,029	128,716,192	1	1	1	1
West	78,588,565	78,650,958	78,589,763	78,743,364	2	2	2	2
Alabama	5,024,356	5,031,362	5,049,846	5,074,296	24	24	24	24
Alaska	733,378	732,923	734,182	733,583	48	48	48	48
Arizona	7,151,507	7,179,943	7,264,877	7,359,197	14	14	14	14
Arkansas	3,011,555	3,014,195	3,028,122	3,045,637	33	33	33	33
California	39,538,245	39,501,653	39,142,991	39,029,342	1	1	1	1
Colorado	5,773,733	5,784,865	5,811,297	5,839,926	21	21	21	21
Connecticut	3,605,942	3,597,362	3,623,355	3,626,205	29	29	29	29
Delaware	989,957	992,114	1,004,807	1,018,396	45	45	45	45
District of Columbia	689,546	670,868	668,791	671,803	49	49	49	49
Florida	21,538,226	21,589,602	21,828,069	22,244,823	3	3	3	3
Georgia	10,711,937	10,729,828	10,788,029	10,912,876	8	8	8	8
Hawaii	1,455,273	1,451,043	1,447,154	1,440,196	40	40	40	40
Idaho	1,839,092	1,849,202	1,904,314	1,939,033	38	38	38	38
Illinois	12,812,545	12,786,580	12,686,469	12,582,032	6	6	6	6
Indiana	6,785,668	6,788,799	6,813,532	6,833,037	17	17	17	17
Iowa	3,190,372	3,190,571	3,197,689	3,200,517	31	31	31	31
Kansas	2,937,847	2,937,919	2,937,922	2,937,150	35	35	35	35
Kentucky	4,505,893	4,507,445	4,506,589	4,512,310	26	26	26	26
Louisiana	4,657,749	4,651,664	4,627,098	4,590,241	25	25	25	25
Maine	1,362,341	1,363,557	1,377,238	1,385,340	42	42	42	42
Maryland	6,177,213	6,173,205	6,174,610	6,164,660	18	18	18	19
Massachusetts	7,029,949	6,995,729	6,989,690	6,981,974	15	15	15	16
Michigan	10,077,325	10,069,577	10,037,504	10,034,113	10	10	10	10

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						2020	2021	2022
Minnesota	5,706,504	5,709,852	5,711,471	5,717,184	22	22	22	22
Mississippi	2,961,288	2,958,141	2,949,586	2,940,057	34	34	34	34
Missouri	6,154,920	6,153,998	6,169,823	6,177,957	19	19	19	18
Montana	1,084,197	1,087,075	1,106,227	1,122,867	44	44	43	43
Nebraska	1,961,489	1,962,642	1,963,554	1,967,923	37	37	37	37
Nevada	3,104,624	3,115,648	3,146,402	3,177,772	32	32	32	32
New Hampshire	1,377,518	1,378,587	1,387,505	1,395,231	41	41	41	41
New Jersey	9,289,031	9,271,689	9,267,961	9,261,699	11	11	11	11
New Mexico	2,117,527	2,118,390	2,116,677	2,113,344	36	36	36	36
New York	20,201,230	20,108,296	19,857,492	19,677,151	4	4	4	4
North Carolina	10,439,414	10,449,445	10,565,885	10,698,973	9	9	9	9
North Dakota	779,091	779,518	777,934	779,261	47	47	47	47
Ohio	11,799,374	11,797,517	11,764,342	11,756,058	7	7	7	7
Oklahoma	3,959,346	3,964,912	3,991,225	4,019,800	28	28	28	28
Oregon	4,237,291	4,244,795	4,256,301	4,240,137	27	27	27	27
Pennsylvania	13,002,689	12,994,440	13,012,059	12,972,008	5	5	5	5
Rhode Island	1,097,371	1,096,345	1,096,985	1,093,734	43	43	44	44
South Carolina	5,118,429	5,131,848	5,193,266	5,282,634	23	23	23	23
South Dakota	886,677	887,799	896,164	909,824	46	46	46	46
Tennessee	6,910,786	6,925,619	6,968,351	7,051,339	16	16	16	15
Texas	29,145,428	29,232,474	29,558,864	30,029,572	2	2	2	2
Utah	3,271,614	3,283,785	3,339,113	3,380,800	30	30	30	30
Vermont	643,085	642,893	646,972	647,064	50	50	50	50
Virginia	8,631,384	8,636,471	8,657,365	8,683,619	12	12	12	12
Washington	7,705,247	7,724,031	7,740,745	7,785,786	13	13	13	13
West Virginia	1,793,755	1,791,420	1,785,526	1,775,156	39	39	39	39
Wisconsin	5,893,725	5,896,271	5,880,101	5,892,539	20	20	20	20
Wyoming	576,837	577,605	579,483	581,381	51	51	51	51

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						2020	2021	2022
Puerto Rico	3,285,874	3,281,557	3,262,693	3,221,789	(X)	(X)	(X)	(X)

Dash (-) represents zero or rounds to zero.

(X) Not applicable.

Note: The estimates are developed from a base that incorporates the 2020 Census, Vintage 2020 estimates, and (for the U.S. only) 2020 Demographic Analysis estimates. For population estimates and definitions at <https://www.census.gov/programs-surveys/popest/guidance-geographies/terms-and-definitions.html> for a list of the states that are included in each region. All geographic boundaries are based on the 2020 Census.

Suggested Citation:

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Source: U.S. Census Bureau, Population Division

Release Date: December 2022

Geographic Area	Change, July 1, 2021 to July 1,2022		Change, April 1, 2020 to July 1,2022		National Ranking of Regions and States			
	Number	Percent	Number	Percent	Change, July 1, 2021 to July 1,2022		Change, April 1, 2020 to July 1,2022	
					Number	Percent	Number	Percent
United States	1,256,003	0.4	1,838,037	0.6	(X)	(X)	(X)	(X)
Northeast	-218,851	-0.4	-568,750	-1.0	4	4	4	4
Midwest	-48,910	-0.1	-197,942	-0.3	3	3	3	3
South	1,370,163	1.1	2,449,930	1.9	1	1	1	1
West	153,601	0.2	154,799	0.2	2	2	2	2
Alabama	24,450	0.5	49,940	1.0	15	20	15	20
Alaska	-599	-0.1	205	-	34	38	32	32
Arizona	94,320	1.3	207,690	2.9	5	8	4	7
Arkansas	17,515	0.6	34,082	1.1	17	17	18	18
California	-113,649	-0.3	-508,903	-1.3	50	42	50	47
Colorado	28,629	0.5	66,193	1.1	12	19	12	17
Connecticut	2,850	0.1	20,263	0.6	29	32	23	25
Delaware	13,589	1.4	28,439	2.9	20	7	19	8
District of Columbia	3,012	0.5	-17,743	-2.6	28	21	40	50
Florida	416,754	1.9	706,597	3.3	2	1	2	4
Georgia	124,847	1.2	200,939	1.9	4	12	5	13
Hawaii	-6,958	-0.5	-15,077	-1.0	40	47	39	45
Idaho	34,719	1.8	99,941	5.4	10	2	9	1
Illinois	-104,437	-0.8	-230,513	-1.8	49	50	49	49
Indiana	19,505	0.3	47,369	0.7	16	24	16	22
Iowa	2,828	0.1	10,145	0.3	30	31	26	28
Kansas	-772	-	-697	-	35	34	34	35
Kentucky	5,721	0.1	6,417	0.1	25	29	28	30
Louisiana	-36,857	-0.8	-67,508	-1.4	47	49	48	48
Maine	8,102	0.6	22,999	1.7	23	15	22	14
Maryland	-9,950	-0.2	-12,553	-0.2	44	41	38	37
Massachusetts	-7,716	-0.1	-47,975	-0.7	41	39	47	43
Michigan	-3,391	-	-43,212	-0.4	38	35	45	42

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					Number	Percent	Number	Percent
Minnesota	5,713	0.1	10,680	0.2	26	30	25	29
Mississippi	-9,529	-0.3	-21,231	-0.7	43	45	42	44
Missouri	8,134	0.1	23,037	0.4	22	28	21	26
Montana	16,640	1.5	38,670	3.6	18	6	17	2
Nebraska	4,369	0.2	6,434	0.3	27	25	27	27
Nevada	31,370	1.0	73,148	2.4	11	13	11	11
New Hampshire	7,726	0.6	17,713	1.3	24	18	24	16
New Jersey	-6,262	-0.1	-27,332	-0.3	39	36	43	39
New Mexico	-3,333	-0.2	-4,183	-0.2	37	40	37	36
New York	-180,341	-0.9	-524,079	-2.6	51	51	51	51
North Carolina	133,088	1.3	259,559	2.5	3	9	3	10
North Dakota	1,327	0.2	170	-	32	27	33	33
Ohio	-8,284	-0.1	-43,316	-0.4	42	37	46	41
Oklahoma	28,575	0.7	60,454	1.5	13	14	13	15
Oregon	-16,164	-0.4	2,846	0.1	46	46	31	31
Pennsylvania	-40,051	-0.3	-30,681	-0.2	48	44	44	38
Rhode Island	-3,251	-0.3	-3,637	-0.3	36	43	36	40
South Carolina	89,368	1.7	164,205	3.2	6	3	6	5
South Dakota	13,660	1.5	23,147	2.6	19	5	20	9
Tennessee	82,988	1.2	140,553	2.0	7	11	7	12
Texas	470,708	1.6	884,144	3.0	1	4	1	6
Utah	41,687	1.2	109,186	3.3	9	10	8	3
Vermont	92	-	3,979	0.6	33	33	30	23
Virginia	26,254	0.3	52,235	0.6	14	23	14	24
Washington	45,041	0.6	80,539	1.0	8	16	10	19
West Virginia	-10,370	-0.6	-18,599	-1.0	45	48	41	46
Wisconsin	12,438	0.2	-1,186	-	21	26	35	34
Wyoming	1,898	0.3	4,544	0.8	31	22	29	21

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	Number	Percent	Number	Percent	Number	Percent	Number	Percent
Puerto Rico	-40,904	-1.3	-64,085	-2.0	(X)	(X)	(X)	(X)
Dash (-) represents zero or round								
(X) Not applicable.								
Note: The estimates are developed using the population estimates methodology statements, see https://www.census.gov/programs-surveys/popest/technical-documentation/methodology.html . See Geographic Terms and Definitions at https://www.census.gov/popest/data/totals/tables/nst-est2022-chg.html for the 2022 population estimates series are as of January 1, 2022.								
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