

**Annual and Cumulative Estimates of Resident Population Change for the United States, Regions, States, District of Columbia, and Puerto Rico and Region and State Rankings: April 1, 2020 to July 1, 2023**

Geographic Area	April 1, 2020 Population Estimates Base	Population Estimate (as of July 1)			
		2020	2021	2022	2023
<b>United States</b>	331,464,948	331,526,933	332,048,977	333,271,411	334,914,895
<b>Northeast</b>	57,614,141	57,430,477	57,243,423	57,026,847	56,983,517
<b>Midwest</b>	68,987,296	68,969,794	68,850,246	68,783,028	68,909,283
<b>South</b>	126,268,529	126,465,281	127,353,282	128,702,030	130,125,290
<b>West</b>	78,594,982	78,661,381	78,602,026	78,759,506	78,896,805
Alabama	5,024,294	5,031,864	5,050,380	5,073,903	5,108,468
Alaska	733,374	732,964	734,923	733,276	733,406
Arizona	7,157,902	7,186,683	7,272,487	7,365,684	7,431,344
Arkansas	3,011,490	3,014,348	3,028,443	3,046,404	3,067,732
California	39,538,212	39,503,200	39,145,060	39,040,616	38,965,193
Colorado	5,773,707	5,785,219	5,811,596	5,841,039	5,877,610
Connecticut	3,605,912	3,577,586	3,603,691	3,608,706	3,617,176
Delaware	989,946	991,862	1,004,881	1,019,459	1,031,890
District of Columbia	689,548	670,839	669,037	670,949	678,972
Florida	21,538,216	21,591,299	21,830,708	22,245,521	22,610,726
Georgia	10,713,771	10,732,390	10,790,385	10,913,150	11,029,227
Hawaii	1,455,274	1,451,181	1,446,745	1,439,399	1,435,138
Idaho	1,839,117	1,849,339	1,904,537	1,938,996	1,964,726
Illinois	12,813,469	12,790,357	12,690,341	12,582,515	12,549,689
Indiana	6,785,442	6,789,098	6,813,798	6,832,274	6,862,199
Iowa	3,190,427	3,190,904	3,197,944	3,199,693	3,207,004
Kansas	2,937,835	2,938,124	2,937,946	2,936,716	2,940,546
Kentucky	4,506,297	4,508,155	4,507,600	4,511,563	4,526,154
Louisiana	4,657,785	4,652,022	4,627,047	4,588,023	4,573,749
Maine	1,363,177	1,364,517	1,378,787	1,389,338	1,395,722
Maryland	6,177,253	6,173,689	6,175,045	6,163,981	6,180,253
Massachusetts	7,032,933	6,997,713	6,991,951	6,982,740	7,001,399
Michigan	10,077,674	10,070,627	10,038,117	10,033,281	10,037,261

**Annual and Cumulative Estimates of Resident Population Change for the  
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Geographic Area	April 1, 2020 Population Estimates Base	Population Estimate (as of July 1)			
		2020	2021	2022	2023
Minnesota	5,706,804	5,710,578	5,717,968	5,714,300	5,737,915
Mississippi	2,961,306	2,958,409	2,949,582	2,938,928	2,939,690
Missouri	6,154,889	6,154,426	6,170,393	6,177,168	6,196,156
Montana	1,084,244	1,087,211	1,106,366	1,122,878	1,132,812
Nebraska	1,961,965	1,963,273	1,964,253	1,968,060	1,978,379
Nevada	3,104,617	3,115,840	3,146,632	3,177,421	3,194,176
New Hampshire	1,377,524	1,378,702	1,387,494	1,399,003	1,402,054
New Jersey	9,289,039	9,272,392	9,269,175	9,260,817	9,290,841
New Mexico	2,117,525	2,118,488	2,116,950	2,113,476	2,114,371
New York	20,202,320	20,104,710	19,854,526	19,673,200	19,571,216
North Carolina	10,439,459	10,453,812	10,567,100	10,695,965	10,835,491
North Dakota	779,079	779,563	777,982	778,912	783,926
Ohio	11,799,331	11,798,292	11,765,227	11,759,697	11,785,935
Oklahoma	3,959,411	3,965,234	3,991,634	4,019,271	4,053,824
Oregon	4,237,279	4,245,044	4,256,465	4,239,379	4,233,358
Pennsylvania	13,002,788	12,995,477	13,013,614	12,972,091	12,961,683
Rhode Island	1,097,371	1,096,444	1,097,092	1,093,842	1,095,962
South Carolina	5,118,422	5,132,151	5,193,848	5,282,955	5,373,555
South Dakota	886,668	887,852	896,299	909,869	919,318
Tennessee	6,910,786	6,926,091	6,963,709	7,048,976	7,126,489
Texas	29,145,459	29,234,361	29,561,286	30,029,848	30,503,301
Utah	3,271,614	3,283,982	3,339,284	3,381,236	3,417,734

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Geographic Area	April 1, 2020 Population Estimates Base	Population Estimate (as of July 1)			
		2020	2021	2022	2023
Vermont	643,077	642,936	647,093	647,110	647,464
Virginia	8,631,373	8,637,193	8,657,348	8,679,099	8,715,698
Washington	7,705,267	7,724,566	7,741,433	7,784,477	7,812,880
West Virginia	1,793,713	1,791,562	1,785,249	1,774,035	1,770,071
Wisconsin	5,893,713	5,896,700	5,879,978	5,890,543	5,910,955
Wyoming	576,850	577,664	579,548	581,629	584,057
<b>Puerto Rico</b>	3,285,874	3,281,557	3,262,693	3,220,113	3,205,691

Dash (-) represents zero or rounds to zero.

(X) Not applicable.

Vintage 2023 data products are associated with Data Management System projects P-6000042, P-7501659, and P-7527355. The U.

Note: The estimates are developed from a base that integrates the 2020 Census, Vintage 2020 estimates, and (for the U.S. only) 20  
<https://www.census.gov/programs-surveys/popest/guidance-geographies/terms-and-definitions.html> for a list of the states that are in

**Suggested Citation:**

**Annual and Cumulative Estimates of Resident Population Change for the United States, Regions, States, District of Columbia, and Puerto Rico and Region and State Rankings: April 1, 2020 to July 1, 2023**

**Source: U.S. Census Bureau, Population Division**

**Release Date: December 2023**

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Geographic Area	National Ranking of Regions and States					Change, July 1, 2022 to July 1, 2023	
	April 1, 2020 Population Estimates Base	Population Estimate (as of July 1)					
		2020	2021	2022	2023	Number	Percent
<b>United States</b>	(X)	(X)	(X)	(X)	(X)	1,643,484	0.5
<b>Northeast</b>	4	4	4	4	4	-43,330	-0.1
<b>Midwest</b>	3	3	3	3	3	126,255	0.2
<b>South</b>	1	1	1	1	1	1,423,260	1.1
<b>West</b>	2	2	2	2	2	137,299	0.2
Alabama	24	24	24	24	24	34,565	0.7
Alaska	48	48	48	48	48	130	-
Arizona	14	14	14	14	14	65,660	0.9
Arkansas	33	33	33	33	33	21,328	0.7
California	1	1	1	1	1	-75,423	-0.2
Colorado	21	21	21	21	21	36,571	0.6
Connecticut	29	29	29	29	29	8,470	0.2
Delaware	45	45	45	45	45	12,431	1.2
District of Columbia	49	49	49	49	49	8,023	1.2
Florida	3	3	3	3	3	365,205	1.6
Georgia	8	8	8	8	8	116,077	1.1
Hawaii	40	40	40	40	40	-4,261	-0.3
Idaho	38	38	38	38	38	25,730	1.3
Illinois	6	6	6	6	6	-32,826	-0.3
Indiana	17	17	17	17	17	29,925	0.4
Iowa	31	31	31	31	31	7,311	0.2
Kansas	35	35	35	35	34	3,830	0.1
Kentucky	26	26	26	26	26	14,591	0.3
Louisiana	25	25	25	25	25	-14,274	-0.3
Maine	42	42	42	42	42	6,384	0.5
Maryland	18	18	18	19	19	16,272	0.3
Massachusetts	15	15	15	16	16	18,659	0.3
Michigan	10	10	10	10	10	3,980	-

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	April 1, 2020 Population Estimates Base	Population Estimate (as of July 1)					
		2020	2021	2022	2023	Number	Percent
Minnesota	22	22	22	22	22	23,615	0.4
Mississippi	34	34	34	34	35	762	-
Missouri	19	19	19	18	18	18,988	0.3
Montana	44	44	43	43	43	9,934	0.9
Nebraska	37	37	37	37	37	10,319	0.5
Nevada	32	32	32	32	32	16,755	0.5
New Hampshire	41	41	41	41	41	3,051	0.2
New Jersey	11	11	11	11	11	30,024	0.3
New Mexico	36	36	36	36	36	895	-
New York	4	4	4	4	4	-101,984	-0.5
North Carolina	9	9	9	9	9	139,526	1.3
North Dakota	47	47	47	47	47	5,014	0.6
Ohio	7	7	7	7	7	26,238	0.2
Oklahoma	28	28	28	28	28	34,553	0.9
Oregon	27	27	27	27	27	-6,021	-0.1
Pennsylvania	5	5	5	5	5	-10,408	-0.1
Rhode Island	43	43	44	44	44	2,120	0.2
South Carolina	23	23	23	23	23	90,600	1.7
South Dakota	46	46	46	46	46	9,449	1.0
Tennessee	16	16	16	15	15	77,513	1.1
Texas	2	2	2	2	2	473,453	1.6
Utah	30	30	30	30	30	36,498	1.1

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Geographic Area	National Ranking of Regions and States					Change, July 1, 2022 to July 1, 2023	
	April 1, 2020 Population Estimates Base	Population Estimate (as of July 1)					
		2020	2021	2022	2023	Number	Percent
Vermont	50	50	50	50	50	354	0.1
Virginia	12	12	12	12	12	36,599	0.4
Washington	13	13	13	13	13	28,403	0.4
West Virginia	39	39	39	39	39	-3,964	-0.2
Wisconsin	20	20	20	20	20	20,412	0.3
Wyoming	51	51	51	51	51	2,428	0.4
<b>Puerto Rico</b>	(X)	(X)	(X)	(X)	(X)	-14,422	-0.4

Dash (-) represents zero or round

(X) Not applicable.

Vintage 2023 data products are .S. Census Bureau reviewed these data products for unauthorized disclosure of confidential information and approved the disclosure avoida

Note: The estimates are develop20 Demographic Analysis estimates. For population estimates methodology statements, see <https://www.census.gov/programs-surveys/pop> <https://www.census.gov/program> included in each region. All geographic boundaries for the 2023 population estimates series are as of January 1, 2023.

**Suggested Citation:**

**Annual and Cumulative Estimia, and Puerto Rico and Region and State Rankings: April 1, 2020 to July 1, 2023 (NST-EST2023-CHG)**

**Source: U.S. Census Bureau, I**

**Release Date: December 2023**

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Geographic Area	Change, April 1, 2020 to July 1,2023		National Ranking of Regions and States			
			Change, July 1, 2022 to July 1,2023		Change, April 1, 2020 to July 1,2023	
	Number	Percent	Number	Percent	Number	Percent
<b>United States</b>	3,449,947	1.0	(X)	(X)	(X)	(X)
<b>Northeast</b>	-630,624	-1.1	4	4.0	4	4.0
<b>Midwest</b>	-78,013	-0.1	3	2.0	3	3.0
<b>South</b>	3,856,761	3.1	1	1.0	1	1.0
<b>West</b>	301,823	0.4	2	3.0	2	2.0
Alabama	84,174	1.7	11	16.0	15	19.0
Alaska	32	-	43	43.0	36	36.0
Arizona	273,442	3.8	7	12.0	5	8.0
Arkansas	56,242	1.9	19	15.0	17	16.0
California	-573,019	-1.4	50	46.0	50	47.0
Colorado	103,903	1.8	9	18.0	11	17.0
Connecticut	11,264	0.3	30	33.0	29	31.0
Delaware	41,944	4.2	26	6.0	19	7.0
District of Columbia	-10,576	-1.5	31	7.0	40	48.0
Florida	1,072,510	5.0	2	2.0	2	3.0
Georgia	315,456	2.9	4	10.0	4	12.0
Hawaii	-20,136	-1.4	45	49.0	42	46.0
Idaho	125,609	6.8	17	4.0	9	1.0
Illinois	-263,780	-2.1	49	48.0	49	50.0
Indiana	76,757	1.1	14	22.0	16	22.0
Iowa	16,577	0.5	32	34.0	27	29.0
Kansas	2,711	0.1	36	38.0	34	33.0
Kentucky	19,857	0.4	25	29.0	25	30.0
Louisiana	-84,036	-1.8	48	50.0	48	49.0
Maine	32,545	2.4	33	21.0	22	14.0
Maryland	3,000	-	24	32.0	33	34.0
Massachusetts	-31,534	-0.4	22	31.0	45	43.0
Michigan	-40,413	-0.4	35	41.0	46	42.0

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			Change, July 1, 2022 to July 1,2023		Change, April 1, 2020 to July 1,2023	
	Number	Percent	Number	Percent	Number	Percent
Minnesota	31,111	0.5	18	25.0	23	28.0
Mississippi	-21,616	-0.7	41	42.0	43	44.0
Missouri	41,267	0.7	21	30.0	20	26.0
Montana	48,568	4.5	28	13.0	18	5.0
Nebraska	16,414	0.8	27	20.0	28	24.0
Nevada	89,559	2.9	23	19.0	13	13.0
New Hampshire	24,530	1.8	37	36.0	24	18.0
New Jersey	1,802	-	13	28.0	35	35.0
New Mexico	-3,154	-0.1	40	40.0	38	40.0
New York	-631,104	-3.1	51	51.0	51	51.0
North Carolina	396,032	3.8	3	5.0	3	9.0
North Dakota	4,847	0.6	34	17.0	31	27.0
Ohio	-13,396	-0.1	16	35.0	41	38.0
Oklahoma	94,413	2.4	12	14.0	12	15.0
Oregon	-3,921	-0.1	46	45.0	39	37.0
Pennsylvania	-41,105	-0.3	47	44.0	47	41.0
Rhode Island	-1,409	-0.1	39	37.0	37	39.0
South Carolina	255,133	5.0	5	1.0	6	2.0
South Dakota	32,650	3.7	29	11.0	21	10.0
Tennessee	215,703	3.1	6	8.0	7	11.0
Texas	1,357,842	4.7	1	3.0	1	4.0
Utah	146,120	4.5	10	9.0	8	6.0



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			Change, July 1, 2022 to July 1, 2023		Change, April 1, 2020 to July 1, 2023	
	Number	Percent	Number	Percent	Number	Percent
Vermont	4,387	0.7	42	39.0	32	25.0
Virginia	84,325	1.0	8	23.0	14	23.0
Washington	107,613	1.4	15	26.0	10	20.0
West Virginia	-23,642	-1.3	44	47.0	44	45.0
Wisconsin	17,242	0.3	20	27.0	26	32.0
Wyoming	7,207	1.2	38	24.0	30	21.0
<b>Puerto Rico</b>	-80,183	-2.4	(X)	(X)	(X)	(X)
Dash (-) represents zero or round						
(X) Not applicable.						
Vintage 2023 data products are new practices applied to this release (CBDRB-FY24-0085).						
Note: The estimates are developed/technical-documentation/methodology.html. See Geographic Terms and Definitions at <a href="https://www.census.gov/program">https://www.census.gov/program</a>						
<b>Suggested Citation:</b> <b>Annual and Cumulative Estimates of Resident Population Change for the United States, Regions, States, District of Columbia, and Puerto Rico and Region and State Rankings: April 1, 2020 to July 1, 2023</b> <b>Source: U.S. Census Bureau, International Data Base</b> <b>Release Date: December 2023</b>						