

Annual and Cumulative Estimates of the Components of Resident Population Change for the United States, Regions, States, District of Columbia, and Puerto Rico: April 1, 2020 to July 1, 2023							
Geographic Area	Annual Change, July 1, 2022 to July 1, 2023						
	Total Population Change ¹	Vital Events			Net Migration		
		Natural Change	Births	Deaths	Total	International ²	Domestic
United States	1,643,484	504,495	3,653,356	3,148,861	1,138,989	1,138,989	(X)
Northeast	-43,330	55,653	581,516	525,863	-98,291	225,009	-323,300
Midwest	126,255	45,838	746,365	700,527	80,181	165,910	-85,729
South	1,423,260	217,342	1,485,069	1,267,727	1,206,146	499,880	706,266
West	137,299	185,662	840,406	654,744	-49,047	248,190	-297,237
Alabama	34,565	-1,562	58,251	59,813	36,128	5,384	30,744
Alaska	130	3,685	9,266	5,581	-3,539	2,004	-5,543
Arizona	65,660	7,702	78,494	70,792	57,814	21,635	36,179
Arkansas	21,328	-907	35,566	36,473	22,202	4,096	18,106
California	-75,423	111,416	414,120	302,704	-187,389	150,982	-338,371
Colorado	36,571	17,399	62,498	45,099	19,167	11,931	7,236
Connecticut	8,470	2,115	34,957	32,842	6,248	15,264	-9,016
Delaware	12,431	-172	10,725	10,897	12,597	2,277	10,320
District of Columbia	8,023	2,607	7,627	5,020	5,460	6,969	-1,509
Florida	365,205	-7,603	223,578	231,181	372,870	178,432	194,438
Georgia	116,077	27,817	125,664	97,847	88,325	30,119	58,206
Hawaii	-4,261	2,355	15,167	12,812	-6,566	4,627	-11,193
Idaho	25,730	5,639	22,456	16,817	20,053	4,664	15,389
Illinois	-32,826	10,453	127,235	116,782	-43,347	40,492	-83,839
Indiana	29,925	7,508	79,587	72,079	22,468	17,869	4,599
Iowa	7,311	3,779	36,898	33,119	3,509	7,112	-3,603
Kansas	3,830	4,439	34,768	30,329	-642	3,932	-4,574
Kentucky	14,591	-2,005	52,380	54,385	16,592	7,627	8,965
Louisiana	-14,274	6,115	56,209	50,094	-20,418	9,274	-29,692
Maine	6,384	-5,053	11,945	16,998	11,425	2,209	9,216
Maryland	16,272	14,199	67,969	53,770	2,072	32,977	-30,905
Massachusetts	18,659	6,983	68,387	61,404	11,498	50,647	-39,149
Michigan	3,980	-4,030	101,911	105,941	7,766	22,817	-15,051
Minnesota	23,615	13,843	63,754	49,911	9,889	14,575	-4,686
Mississippi	762	-1,404	34,628	36,032	2,186	4,800	-2,614

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Annual Change, July 1, 2022 to July 1, 2023

Geographic Area	Total Population Change ¹	Vital Events			Net Migration		
		Natural Change	Births	Deaths	Total	International ²	Domestic
Missouri	18,988	-55	68,334	68,389	19,023	7,852	11,171
Montana	9,934	-171	11,206	11,377	10,094	609	9,485
Nebraska	10,319	5,699	24,195	18,496	4,607	5,441	-834
Nevada	16,755	3,733	33,055	29,322	12,908	4,266	8,642
New Hampshire	3,051	-2,109	12,155	14,264	5,157	859	4,298
New Jersey	30,024	25,492	102,055	76,563	4,632	49,298	-44,666
New Mexico	895	-1,616	20,728	22,344	2,554	3,642	-1,088
New York	-101,984	41,536	207,450	165,914	-142,911	73,867	-216,778
North Carolina	139,526	12,657	121,148	108,491	126,712	29,448	97,264
North Dakota	5,014	2,704	9,649	6,945	2,289	2,298	-9
Ohio	26,238	-2,462	128,826	131,288	28,718	28,081	637
Oklahoma	34,553	2,567	48,073	45,506	31,967	8,380	23,587
Oregon	-6,021	-4,239	39,046	43,285	-1,747	4,304	-6,051
Pennsylvania	-10,408	-11,079	129,489	140,568	951	25,776	-24,825
Rhode Island	2,120	-428	10,006	10,434	2,553	5,777	-3,224
South Carolina	90,600	-1,271	57,581	58,852	91,853	9,291	82,562
South Dakota	9,449	2,813	11,369	8,556	6,600	1,788	4,812
Tennessee	77,513	1,028	82,244	81,216	76,471	13,054	63,417
Texas	473,453	158,253	390,494	232,241	315,301	128,534	186,767

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Annual Change, July 1, 2022 to July 1, 2023

Geographic Area	Total Population Change ¹	Vital Events			Net Migration		
		Natural Change	Births	Deaths	Total	International ²	Domestic
Utah	36,498	24,796	45,965	21,169	11,623	10,285	1,338
Vermont	354	-1,804	5,072	6,876	2,156	1,312	844
Virginia	36,599	15,689	95,669	79,980	21,132	28,117	-6,985
Washington	28,403	14,860	82,523	67,663	13,643	28,919	-15,276
West Virginia	-3,964	-8,666	17,263	25,929	4,696	1,101	3,595
Wisconsin	20,412	1,147	59,839	58,692	19,301	13,653	5,648
Wyoming	2,428	103	5,882	5,779	2,338	322	2,016
Puerto Rico	-14,422	-16,294	18,805	35,099	1,872	1,872	(X)

(X) Not applicable.

¹ Total population change includes a residual. This residual represents the change in population that cannot be attributed to any specific demographic component. See Population Estimates Terms and Definitions at <http://www.census.gov/programs-surveys/popest/guidance-geographies/terms-and-definitions.html> for a list of the states that are included in each region. All geographic boundaries are based on the 2020 Census.

² Net international migration for the United States includes the international migration of both U.S.-born and non-U.S.-born populations. Specifically, it includes: (a) the net international migration of the U.S.-born population between the United States and overseas; and (b) the net movement of the Armed Forces population between the United States and overseas.

Vintage 2023 data products are associated with Data Management System projects P-6000042, P-7501659, and P-7527355. The U.S. Census Bureau reviewed these data products for unauthorized use.

Note: The estimates are developed from a base that integrates the 2020 Census, Vintage 2020 estimates, and (for the U.S. only) 2020 Demographic Analysis estimates. For population estimates and migration estimates, see <http://www.census.gov/programs-surveys/popest/guidance-geographies/terms-and-definitions.html> for a list of the states that are included in each region. All geographic boundaries are based on the 2020 Census.

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Source: U.S. Census Bureau, Population Division

Release Date: December 2023

Annual and Cumulative Estimates of the Components of Resident Population Change for the United States, Regions, States, District of Columbia, and Puerto Rico: April 1, 2020 to July 1, 2023

Geographic Area	Cumulative Change, April 1, 2020 to July 1, 2023						
	Total Population Change ¹	Vital Events			Net Migration		
		Natural Change	Births	Deaths	Total	International ²	Domestic
United States	3,449,947	915,797	11,811,192	10,895,395	2,534,150	2,534,150	(X)
Northeast	-630,624	46,475	1,889,402	1,842,927	-661,666	520,034	-1,181,700
Midwest	-78,013	17,730	2,438,549	2,420,819	-111,617	368,719	-480,336
South	3,856,761	337,647	4,740,236	4,402,589	3,508,262	1,071,260	2,437,002
West	301,823	513,945	2,743,005	2,229,060	-200,829	574,137	-774,966
Alabama	84,174	-23,913	187,408	211,321	108,227	11,689	96,538
Alaska	32	12,059	30,481	18,422	-12,060	5,296	-17,356
Arizona	273,442	2,534	251,434	248,900	270,441	52,194	218,247
Arkansas	56,242	-10,190	115,300	125,490	66,041	8,751	57,290
California	-573,019	313,064	1,353,681	1,040,617	-874,952	322,998	-1,197,950
Colorado	103,903	49,817	202,910	153,093	53,082	26,501	26,581
Connecticut	11,264	-1,248	112,936	114,184	15,968	37,453	-21,485
Delaware	41,944	-2,211	34,361	36,572	44,124	5,656	38,468
District of Columbia	-10,576	8,288	26,721	18,433	-15,161	13,291	-28,452
Florida	1,072,510	-94,356	703,817	798,173	1,168,132	349,370	818,762
Georgia	315,456	59,887	402,386	342,499	253,772	68,020	185,752
Hawaii	-20,136	9,095	50,277	41,182	-28,964	12,706	-41,670
Idaho	125,609	15,666	72,191	56,525	111,512	7,199	104,313
Illinois	-263,780	14,662	422,189	407,527	-280,776	83,667	-364,443
Indiana	76,757	8,134	256,969	248,835	67,089	39,751	27,338
Iowa	16,577	6,375	118,737	112,362	9,309	20,367	-11,058
Kansas	2,711	8,582	111,993	103,411	-6,819	11,654	-18,473
Kentucky	19,857	-18,274	168,707	186,981	36,533	13,942	22,591
Louisiana	-84,036	4,684	183,333	178,649	-89,834	20,875	-110,709
Maine	32,545	-16,254	38,541	54,795	48,601	5,783	42,818
Maryland	3,000	34,207	221,460	187,253	-33,517	66,062	-99,579
Massachusetts	-31,534	12,255	221,010	208,755	-38,502	110,964	-149,466
Michigan	-40,413	-34,430	335,709	370,139	-9,343	49,036	-58,379
Minnesota	31,111	40,368	207,857	167,489	-11,352	34,624	-45,976
Mississippi	-21,616	-15,223	112,921	128,144	-6,904	7,040	-13,944

Annual and Cumulative Estimates of the Components of Resident Population Change for the United States, Regions, States, District of Columbia, and Puerto Rico: April 1, 2020 to July 1, 2023

Geographic Area	Cumulative Change, April 1, 2020 to July 1, 2023						
	Total Population Change ¹	Vital Events			Net Migration		
		Natural Change	Births	Deaths	Total	International ²	Domestic
Missouri	41,267	-12,984	223,250	236,234	53,416	22,111	31,305
Montana	48,568	-2,864	36,078	38,942	51,602	3,158	48,444
Nebraska	16,414	16,824	78,825	62,001	-860	11,156	-12,016
Nevada	89,559	5,969	108,125	102,156	83,038	18,194	64,844
New Hampshire	24,530	-6,603	39,525	46,128	30,472	6,323	24,149
New Jersey	1,802	50,180	327,246	277,066	-49,614	103,579	-153,193
New Mexico	-3,154	-9,338	68,639	77,977	5,810	11,898	-6,088
New York	-631,104	83,944	676,026	592,082	-701,412	181,264	-882,676
North Carolina	396,032	20,451	388,209	367,758	376,420	66,231	310,189
North Dakota	4,847	8,218	32,070	23,852	-3,152	4,040	-7,192
Ohio	-13,396	-42,708	418,233	460,941	26,900	61,616	-34,716
Oklahoma	94,413	-3,087	155,246	158,333	96,467	16,403	80,064
Oregon	-3,921	-11,635	129,508	141,143	7,358	14,324	-6,966
Pennsylvania	-41,105	-67,343	424,237	491,580	21,873	62,322	-40,449
Rhode Island	-1,409	-3,265	32,968	36,233	1,445	9,589	-8,144
South Carolina	255,133	-18,068	184,396	202,464	272,176	24,121	248,055
South Dakota	32,650	7,007	36,588	29,581	25,245	5,734	19,511
Tennessee	215,703	-18,158	263,010	281,168	231,466	24,369	207,097
Texas	1,357,842	407,567	1,227,704	820,137	947,383	291,163	656,220

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Geographic Area	Cumulative Change, April 1, 2020 to July 1, 2023						
	Total Population Change ¹	Vital Events			Net Migration		
		Natural Change	Births	Deaths	Total	International ²	Domestic
Utah	146,120	78,405	149,901	71,496	67,362	17,921	49,441
Vermont	4,387	-5,191	16,913	22,104	9,503	2,757	6,746
Virginia	84,325	39,747	309,542	269,795	43,207	80,621	-37,414
Washington	107,613	51,496	270,104	218,608	57,413	80,910	-23,497
West Virginia	-23,642	-33,704	55,715	89,419	9,730	3,656	6,074
Wisconsin	17,242	-2,318	196,129	198,447	18,726	24,963	-6,237
Wyoming	7,207	-323	19,676	19,999	7,529	838	6,691
Puerto Rico	-80,183	-48,036	61,842	109,878	-32,147	-32,147	(X)

(X) Not applicable.

¹ Total population change includes and Definitions at <https://www.census.gov/programs-surveys/popest/about/glossary.html>.

² Net international migration for (a) the non-U.S. born, (b) the net migration of U.S. born to and from the United States, (c) the net migration between the United States and Puerto Rico, and (d) the net movement of the Armed

Vintage 2023 data products are sized disclosure of confidential information and approved the disclosure avoidance practices applied to this release (CBDRB-FY24-0085).

Note: The estimates are developed methodology statements, see <http://www.census.gov/programs-surveys/popest/technical-documentation/methodology.html>. See Geographic Terms and Definitions at <http://www.census.gov> for the 2023 population estimates series are as of January 1, 2023.

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