Estimates of the Total Resident Population and Resident Population Age 18 Years and Older for the United States, Regions, States, District of Columbia, and Puerto Rico: July 1, 2023

| Geographic Area | Total Resident Population | Resident Population Age 18 Years and Older |  |
| :---: | :---: | :---: | :---: |
|  |  | Number | Percent |
| United States | 334,914,895 | 262,083,034 | 78.3 |
| Northeast | 56,983,517 | 45,499,951 | 79.8 |
| Midwest | 68,909,283 | 53,689,720 | 77.9 |
| South | 130,125,290 | 101,091,962 | 77.7 |
| West | 78,896,805 | 61,801,401 | 78.3 |
| Alabama | 5,108,468 | 3,977,628 | 77.9 |
| Alaska | 733,406 | 557,899 | 76.1 |
| Arizona | 7,431,344 | 5,848,310 | 78.7 |
| Arkansas | 3,067,732 | 2,362,124 | 77.0 |
| California | 38,965,193 | 30,519,524 | 78.3 |
| Colorado | 5,877,610 | 4,662,926 | 79.3 |
| Connecticut | 3,617,176 | 2,894,190 | 80.0 |
| Delaware | 1,031,890 | 819,952 | 79.5 |
| District of Columbia | 678,972 | 552,380 | 81.4 |
| Florida | 22,610,726 | 18,229,883 | 80.6 |
| Georgia | 11,029,227 | 8,490,546 | 77.0 |
| Hawaii | 1,435,138 | 1,141,525 | 79.5 |
| Idaho | 1,964,726 | 1,497,384 | 76.2 |
| Illinois | 12,549,689 | 9,844,167 | 78.4 |
| Indiana | 6,862,199 | 5,274,945 | 76.9 |
| lowa | 3,207,004 | 2,476,882 | 77.2 |
| Kansas | 2,940,546 | 2,246,209 | 76.4 |
| Kentucky | 4,526,154 | 3,509,259 | 77.5 |
| Louisiana | 4,573,749 | 3,506,600 | 76.7 |
| Maine | 1,395,722 | 1,146,670 | 82.2 |
| Maryland | 6,180,253 | 4,818,337 | 78.0 |
| Massachusetts | 7,001,399 | 5,659,598 | 80.8 |
| Michigan | 10,037,261 | 7,925,350 | 79.0 |
| Minnesota | 5,737,915 | 4,436,981 | 77.3 |
| Mississippi | 2,939,690 | 2,259,864 | 76.9 |
| Missouri | 6,196,156 | 4,821,686 | 77.8 |
| Montana | 1,132,812 | 897,161 | 79.2 |
| Nebraska | 1,978,379 | 1,497,381 | 75.7 |
| Nevada | 3,194,176 | 2,508,220 | 78.5 |
| New Hampshire | 1,402,054 | 1,150,004 | 82.0 |
| New Jersey | 9,290,841 | 7,280,551 | 78.4 |
| New Mexico | 2,114,371 | 1,663,024 | 78.7 |
| New York | 19,571,216 | 15,611,308 | 79.8 |

Estimates of the Total Resident Population and Resident Population Age 18 Years and Older for the United States, Regions, States, District of Columbia, and Puerto Rico: July 1, 2023

| Geographic Area | Total Resident Population | Resident Population Age 18 Years and Older |  |
| :---: | :---: | :---: | :---: |
|  |  | Number | Percent |
| North Carolina | 10,835,491 | 8,498,868 | 78.4 |
| North Dakota | 783,926 | 599,192 | 76.4 |
| Ohio | 11,785,935 | 9,207,681 | 78.1 |
| Oklahoma | 4,053,824 | 3,087,217 | 76.2 |
| Oregon | 4,233,358 | 3,401,528 | 80.4 |
| Pennsylvania | 12,961,683 | 10,332,678 | 79.7 |
| Rhode Island | 1,095,962 | 892,124 | 81.4 |
| South Carolina | 5,373,555 | 4,229,354 | 78.7 |
| South Dakota | 919,318 | 697,420 | 75.9 |
| Tennessee | 7,126,489 | 5,555,761 | 78.0 |
| Texas | 30,503,301 | 22,942,176 | 75.2 |
| Utah | 3,417,734 | 2,484,582 | 72.7 |
| Vermont | 647,464 | 532,828 | 82.3 |
| Virginia | 8,715,698 | 6,834,154 | 78.4 |
| Washington | 7,812,880 | 6,164,810 | 78.9 |
| West Virginia | 1,770,071 | 1,417,859 | 80.1 |
| Wisconsin | 5,910,955 | 4,661,826 | 78.9 |
| Wyoming | 584,057 | 454,508 | 77.8 |
| Puerto Rico | 3,205,691 | 2,707,012 | 84.4 |

Vintage 2023 data products are associated with Data Management System projects P-6000042, P-7501659, and P-7527355. The U.S. Census Bureau reviewed these data products for unauthorized disclosure of confidential information and approved the disclosure avoidance practices applied to this release (CBDRB-FY24-0085).

Note: The estimates are developed from a base that integrates the 2020 Census, Vintage 2020 estimates, and (for the U.S. only) 2020 Demographic Analysis estimates. The estimates add births to, subtract deaths from, and add net migration to the April 1, 2020 estimates base. For population estimates methodology statements, see https://www.census.gov/programs-surveys/popest/technicaldocumentation/methodology.html. See Geographic Terms and Definitions at https://www.census.gov/programs-surveys/popest/guidance-geographies/terms-and-definitions.html for a list of the states that are included in each region. All geographic boundaries for the 2023 population estimates series are as of January 1, 2023.

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