Estimates of the Total Resident Population and Resident Population Age 18 Years and Older for the United States, Regions, States, District of Columbia, and Puerto Rico: July 1, 2023

Geographic Area	Total Resident Population	Resident Population Age 18 Years and Older	
		Number	Percent
United States	334,914,895	262,083,034	78.3
Northeast	56,983,517	45,499,951	79.8
Midwest	68,909,283	53,689,720	77.9
South	130,125,290	101,091,962	77.7
West	78,896,805	61,801,401	78.3
Alabama	5,108,468	3,977,628	77.9
Alaska	733,406	557,899	76.1
Arizona	7,431,344	5,848,310	78.7
Arkansas	3,067,732	2,362,124	77.0
California	38,965,193	30,519,524	78.3
Colorado	5,877,610	4,662,926	79.3
Connecticut	3,617,176	2,894,190	80.0
Delaware	1,031,890	819,952	79.5
District of Columbia	678,972	552,380	81.4
Florida	22,610,726	18,229,883	80.6
Georgia	11,029,227	8,490,546	77.0
Hawaii	1,435,138	1,141,525	79.5
Idaho	1,964,726	1,497,384	76.2
Illinois	12,549,689	9,844,167	78.4
Indiana	6,862,199	5,274,945	76.9
lowa	3,207,004	2,476,882	77.2
Kansas	2,940,546	2,246,209	76.4
Kentucky	4,526,154	3,509,259	77.5
Louisiana	4,573,749	3,506,600	76.7
Maine	1,395,722	1,146,670	82.2
Maryland	6,180,253	4,818,337	78.0
Massachusetts	7,001,399	5,659,598	80.8
Michigan	10,037,261	7,925,350	79.0
Minnesota	5,737,915	4,436,981	77.3
Mississippi	2,939,690	2,259,864	76.9
Missouri	6,196,156	4,821,686	77.8
Montana	1,132,812	897,161	79.2
Nebraska	1,978,379	1,497,381	75.7
Nevada	3,194,176	2,508,220	78.5
New Hampshire	1,402,054	1,150,004	82.0
New Jersey	9,290,841	7,280,551	78.4
New Mexico	2,114,371	1,663,024	78.7
New York	19,571,216	15,611,308	79.8

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Geographic Area	Total Resident Population	Resident Population Age 18 Years and Older	
		Number	Percent
North Carolina	10,835,491	8,498,868	78.4
North Dakota	783,926	599,192	76.4
Ohio	11,785,935	9,207,681	78.1
Oklahoma	4,053,824	3,087,217	76.2
Oregon	4,233,358	3,401,528	80.4
Pennsylvania	12,961,683	10,332,678	79.7
Rhode Island	1,095,962	892,124	81.4
South Carolina	5,373,555	4,229,354	78.7
South Dakota	919,318	697,420	75.9
Tennessee	7,126,489	5,555,761	78.0
Texas	30,503,301	22,942,176	75.2
Utah	3,417,734	2,484,582	72.7
Vermont	647,464	532,828	82.3
Virginia	8,715,698	6,834,154	78.4
Washington	7,812,880	6,164,810	78.9
West Virginia	1,770,071	1,417,859	80.1
Wisconsin	5,910,955	4,661,826	78.9
Wyoming	584,057	454,508	77.8
Puerto Rico	3,205,691	2,707,012	84.4

Vintage 2023 data products are associated with Data Management System projects P-6000042, P-7501659, and P-7527355. The U.S. Census Bureau reviewed these data products for unauthorized disclosure of confidential information and approved the disclosure avoidance practices applied to this release (CBDRB-FY24-0085).

Note: The estimates are developed from a base that integrates the 2020 Census, Vintage 2020 estimates, and (for the U.S. only) 2020 Demographic Analysis estimates. The estimates add births to, subtract deaths from, and add net migration to the April 1, 2020 estimates base. For population estimates methodology statements, see https://www.census.gov/programs-surveys/popest/technical-documentation/methodology.html. See Geographic Terms and Definitions at https://www.census.gov/programs-surveys/popest/guidance-geographies/terms-and-definitions.html for a list of the states that are included in each region. All geographic boundaries for the 2023 population estimates series are as of January 1, 2023.

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