

The U.S. Census Bureau released county-level population estimates on March 13, 2025. The release contained population data for 2020 to 2024. The data includes total county population and the components of population changes and revisions to previous population estimates data for 2020 and 2023.

## Annual growth rate

The state population declined at an average annual rate of 0.1% between July 1, 2020, and July 1, 2024, with negative growth estimated for the first two years of the decade. Honolulu County's population declined at an average annual rate of -0.3%. Maui County's population also decreased at an average annual rate of -0.2% between July 1, 2020, and July 1, 2024. The average annual growth rates of the other counties were positive; Hawaii County's average annual growth rate was 1.1%, and Kauai County at 0.2%.

## Components of change

The average number of births in the state was 15,299 per year, and the average number of deaths was 12,733 per year. The result was an average natural increase of 2,566 people per year.

Between July 1, 2020, and July 1, 2024, there was an average net loss of 3,851 people a year from migration. There was an average of 7,654 net in-migrants from foreign countries; however, there was an average of 11,505 net out-migrants leaving the state for the continental U.S.

## *Births and deaths by county*

The City and County of Honolulu accounted for 71.4% of births and 66.9% of deaths in the state between July 1, 2020, and July 1, 2024. Hawaii County, which had an average natural decrease of 136, made up 12.7% of births but 16.3% of deaths. Maui County accounted for 10.9% of births and 10.8% of deaths, and Kauai County made up roughly 5.0% of the state's births and deaths between July 1, 2020, and July 1, 2024.

## *Net migration by county*

Honolulu and Maui Counties are estimated to have average net losses from migration during the first four years of the decade, with most of the losses in Honolulu County. Honolulu County had an average net loss of 6,401 people per year, Maui County had an average net loss of 572 people per year, and Kauai had an average net loss of 2 people per year. The three counties had positive net international migration but negative net domestic migration.

Between July 1, 2020, and July 1, 2024, Hawaii County had an average net migration of 2,264 people per year. It was the only county where there was positive net domestic and international migration. Hawaii County's population increase was due to migration, as the county had more deaths on average per year than births.

## *County data tables*

County tables for 2020 through 2024 follow on the next page. The tables include yearly population estimates, growth rates, each county's share of the total population, and components of change.

*Maui County includes Kalawao County for analysis.*

**Table 1-- RESIDENT POPULATION, BY COUNTY: 2020 TO 2024**

[Based on place of usual residence, regardless of physical location on the estimate or census date. Includes military personnel stationed or homeported in Hawaii and residents temporarily absent; excludes visitors present. Population Estimates for July 1, 2010 through July 1, 2019 have not yet been reconciled with the 2020 decennial census results. As a result, the estimates for that period are not included]

<b>Date</b>	<b>State total</b>	<b>City and County of Honolulu</b>	<b>Hawaii County</b>	<b>Kauai County</b>	<b>Maui County 1/</b>
2020: April 1 2/	1,455,252	1,016,494	200,629	73,292	164,837
July 1	1,451,252	1,012,407	200,754	73,209	164,882
2021: July 1	1,447,029	1,004,349	203,933	73,851	164,896
2022: July 1	1,440,359	995,652	206,324	73,823	164,560
2023: July 1	1,441,387	994,576	208,043	73,933	164,835
2024: July 1	1,446,146	998,747	209,790	73,840	163,769

1/ Including Kalawao County (Kalaupapa Settlement). Kalawao had 90 in 2010, and 80 in 2020, and 81 in 2023 and 2024.

2/ April 1 resident total population estimates base.

Source: U.S. Census Bureau, Population Division.

**Table 2-- GROWTH RATE OF RESIDENT POPULATION, BY COUNTY:  
2020 TO 2024**

[Population Estimates for July 1, 2010 through July 1, 2019 have not yet been reconciled with the 2020 decennial census results. As a result, annual average growth rates for this period are not included]

	<b>State total</b>	<b>City and County of Honolulu</b>	<b>Hawaii County</b>	<b>Kauai County</b>	<b>Maui County 1/</b>
Total population (July 1)					
2020	1,451,252	1,012,407	200,754	73,209	164,882
2021	1,447,029	1,004,349	203,933	73,851	164,896
2022	1,440,359	995,652	206,324	73,823	164,560
2023	1,441,387	994,576	208,043	73,933	164,835
2023	1,446,146	998,747	209,790	73,840	163,769
Percentage growth from July of previous year					
2021	-0.3	-0.8	1.6	0.9	0.0
2022	-0.5	-0.9	1.2	0.0	-0.2
2023	0.1	-0.1	0.8	0.1	0.2
2024	0.3	0.4	0.8	-0.1	-0.6
Annual average growth rate (July 1)					
1990 - 1995	1.5	1.0	2.9	2.0	3.0
1995 - 2000	0.3	-0.1	1.2	0.5	1.8
2000 - 2005	1.3	0.9	2.4	1.4	2.1
2005 - 2010	1.1	0.8	2.0	1.3	1.6
1990 - 2000	0.9	0.4	2.1	1.3	2.4
2000 - 2010	1.2	0.9	2.2	1.4	1.9
2020 - 2024	-0.1	-0.3	1.1	0.2	-0.2

1/ Including Kalawao County (Kalaupapa Settlement).

Source: U.S. Census Bureau, Population Division; and calculations by the Hawaii State Department of Business, Economic Development & Tourism.

**Table 3-- PERCENTAGE SHARE OF RESIDENT POPULATION  
BY COUNTY: 2020 TO 2024**

[Percentage of state total. Population Estimates for July 1, 2010 through July 1, 2019 have not yet been reconciled with the 2020 decennial census results. As a result, the percentage share for that period is not included]

<b>Date</b>	<b>City and County of Honolulu</b>	<b>Hawaii County</b>	<b>Kauai County</b>	<b>Maui County 1/</b>
2020: April 1 2/	69.9	13.8	5.0	11.3
July 1	69.8	13.8	5.0	11.4
2021: July 1	69.4	14.1	5.1	11.4
2022: July 1	69.1	14.3	5.1	11.4
2023: July 1	69.0	14.4	5.1	11.4
2024: July 1	69.1	14.5	5.1	11.3

1/ Including Kalawao County (Kalaupapa Settlement).

2/ April 1 resident total population estimates base.

Source: U.S. Census Bureau, Population Division; and calculations by the Hawaii State Department of Business, Economic Development & Tourism.

**Table 4-- COMPONENTS OF POPULATION CHANGE, BY COUNTY: 2020 TO 2024**

[From July 1 to June 30]

<b>Component of population change</b>	<b>State total</b>	<b>City and County of Honolulu</b>	<b>Hawaii County</b>	<b>Kauai County</b>	<b>Maui County 1/</b>
<b>Births</b>					
2020 to 2021	15,528	10,998	2,053	785	1,692
2021 to 2022	15,730	11,203	2,039	789	1,699
2022 to 2023	15,254	10,900	1,923	769	1,662
2023 to 2024	14,682	10,608	1,738	734	1,602
<i>2020-2024 Average</i>	15,299	10,927	1,938	769	1,664
<b>Deaths</b>					
2020 to 2021	12,169	8,393	1,873	554	1,349
2021 to 2022	13,440	9,188	2,243	638	1,371
2022 to 2023	12,913	8,716	2,122	675	1,400
2023 to 2024	12,411	8,305	2,060	686	1,360
<i>2020-2024 Average</i>	12,733	8,651	2,075	638	1,370
<b>Net international migration</b>					
2020 to 2021	2,047	1,373	327	108	239
2021 to 2022	6,833	4,976	872	262	723
2022 to 2023	9,843	7,358	1,188	283	1,014
2023 to 2024	11,893	8,846	1,452	350	1,245
<i>2020-2024 Average</i>	7,654	5,638	960	251	805
<b>Net domestic migration</b>					
2020 to 2021	-9,831	-12,117	2,699	254	-667
2021 to 2022	-15,833	-15,817	1,715	-411	-1,320
2022 to 2023	-11,033	-10,552	755	-257	-979
2023 to 2024	-9,321	-6,890	624	-488	-2,567
<i>2020-2024 Average</i>	-11,505	-11,344	1,448	-226	-1,383

1/ Including Kalawao County (Kalaupapa Settlement).

Source: U.S. Census Bureau, Population Division; and calculations by the Hawaii State Department of Business, Economic Development & Tourism.

**Table 5-- CUMULATIVE ESTIMATES OF THE COMPONENTS OF POPULATION CHANGE, BY COUNTY: APRIL 1, 2020 TO JULY 1, 2024**

State/County	Total population change 1/	Natural increase			Net migration		
		Total	Births	Deaths	Total	Net inter-national migration	Net domestic migration
<b><i>Numeric change</i></b>							
State of Hawaii	<b>-9,106</b>	<b>11,260</b>	<b>65,030</b>	<b>53,770</b>	<b>-20,019</b>	<b>30,735</b>	<b>(X)</b>
Honolulu	-17,747	9,891	46,457	36,566	-27,206	22,654	-49,860
Hawaii	9,161	-470	8,256	8,726	9,624	3,852	5,772
Kauai	548	548	3,248	2,700	-8	1,003	-1,011
Maui 2/	-1,068	1,291	7,069	5,778	-2,429	3,226	-5,655
<b><i>Estimated average annual changes</i></b>							
State of Hawaii	<b>-2,143</b>	<b>2,649</b>	<b>15,301</b>	<b>12,652</b>	<b>-4,710</b>	<b>7,232</b>	<b>(X)</b>
Honolulu	-4,176	2,327	10,931	8,604	-6,401	5,330	-11,732
Hawaii	2,156	-111	1,943	2,053	2,264	906	1,358
Kauai	129	129	764	635	-2	236	-238
Maui 2/	-251	304	1,663	1,360	-572	759	-1,331

(X) Not applicable.

Note: April 1 figure used as the resident population estimates base figure.

1/ Totals do not add up due to residuals caused in balancing all state populations to the national total.

2/ Maui County includes Kalawao County.

Source: U.S. Census Bureau, Population Division; and calculations by the Hawaii State Department of Business, Economic Development & Tourism.

**Table 6--ANNUAL RESIDENT POPULATION ESTIMATES AND ESTIMATED COMPONENTS OF RESIDENT POPULATION CHANGE, BY COUNTY: 2023 TO 2024**

[From July 1 to June 30 unless otherwise specified]

State/ County	Resident population estimates		Total population change 1/	Natural increase			Net migration		
	7/1/2023	7/1/2024		Total	Births	Deaths	Total	Net inter-national migration	Net domestic migration
State of Hawaii	<b>1,441,387</b>	<b>1,446,146</b>	<b>4,759</b>	<b>2,271</b>	<b>14,682</b>	<b>12,411</b>	<b>2,572</b>	<b>11,893</b>	<b>(X)</b>
Honolulu	994,576	998,747	4,171	2,303	10,608	8,305	1,956	8,846	-6,890
Hawaii	208,043	209,790	1,747	-322	1,738	2,060	2,076	1,452	624
Kauai	73,933	73,840	-93	48	734	686	-138	350	-488
Maui 2/	164,835	163,769	-1,066	242	1,602	1,360	-1,322	1,245	-2,567

(X) Not applicable.

1/ Totals do not add up due to residuals caused in balancing all state populations to the national total.

2/ Maui County includes Kalawao County.

Source: U.S. Census Bureau, Population Division; and calculations by the Hawaii State Department of Business, Economic Development & Tourism.