



Daily Estimated Population Change for the State of Hawaii: 2023 to 2024

On July 1, 2023, the resident population for the State of Hawaii was 1,441,387.

On July 1, 2024, the resident population for the State of Hawaii was 1,446,146.

On average, between July 1, 2023, and July 1, 2024, the State of Hawaii's population increased by 13 people a day. There was a natural increase of 6 people per day, but, on average, 7 more people moved in to the State of Hawaii than moved out of the State of Hawaii per day, causing an overall increase.

There were:

40 births per day

34 deaths per day

33 more people *moving to Hawaii* from foreign countries than *moving out of Hawaii* to foreign countries

26 more people *moving out of Hawaii* to another state than *moving to Hawaii* from another state

Source: U.S. Census Bureau, Population Division Estimates, released on December 19, 2024; and calculations by the Hawaii State Department of Business, Economic Development & Tourism, Research and Economic Analysis Division. Find more data at <https://census.hawaii.gov/home/population-estimate/>.