

The U.S. Census Bureau released the Vintage 2025 State and County population characteristics on June 25, 2026. Included in the release are age, race, and gender data for the United States, states, and counties for 2020 through 2025. The vintage year refers to the final year of the time series.

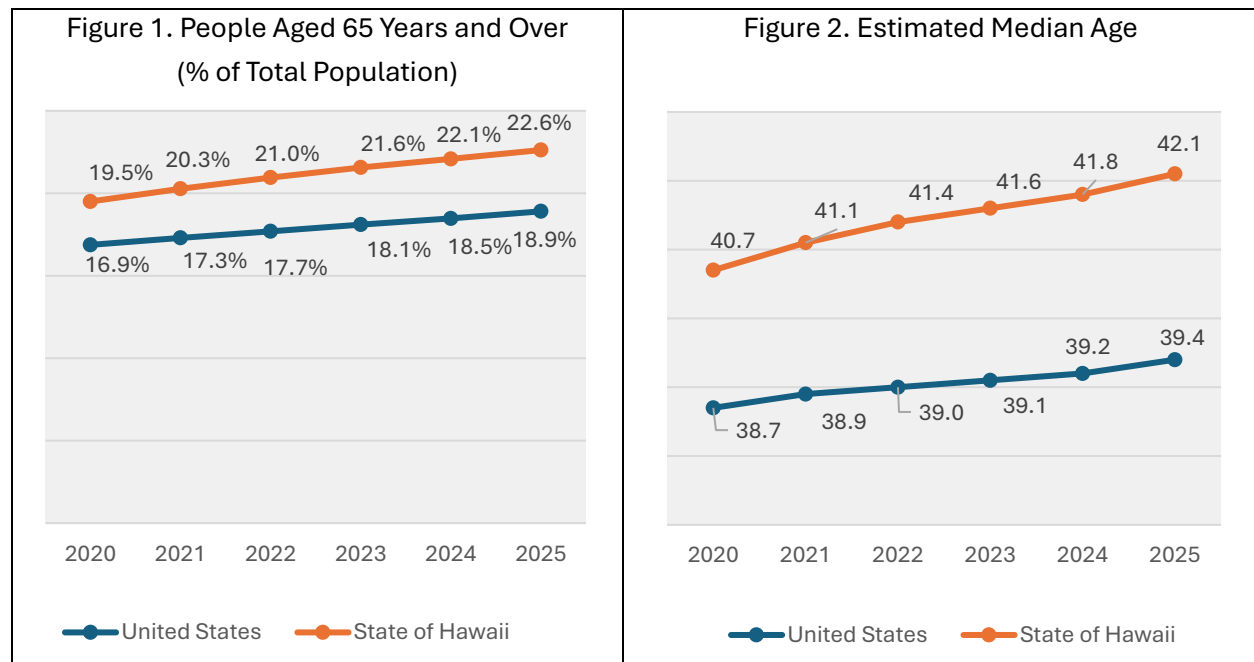
To view Hawaii data, visit [DBEDT Census Population Estimates](#). For original data, visit [U.S. Bureau's Population and Housing Estimates Tables: 2020-2025](#).

Highlights of Data

Aging Population

The populations of Hawaii and the U.S. continued to age, with Hawaii outpacing the U.S. over the 2020 to 2025 period. As seen in Figure 1, the percentage of the population over 65 years of age in Hawaii increased from 19.5 percent to 22.6 percent; the U.S. increased from 16.9 percent to 18.9 percent. Hawaii outpaced the U.S. not only in the proportion of the elder population but also in the speed of aging with an average annual increase of 0.6 percentage points compared to 0.4 percentage points for the United States as a whole.

With an aging population, the median age also increased in both Hawaii and the U.S. over the 2020 to 2025 period. The median age rose from 40.7 to 42.1 in Hawaii and from 38.7 to 39.4 in the U.S.



The age makeup for all counties was close to the state overall in 2025 with some noticeable differences between counties. Hawaii County had the highest proportion of residents aged 65 and over relative to its total population at 26.0 percent, while Honolulu County had the lowest at 21.7 percent. The share of the younger generation was remarkably similar across Hawaii, Kauai and Maui Counties. Honolulu County had the highest proportion of working-age adults among the counties.

Table 1. Population in Selected Age Groups as Percentage of Total Population: July 1, 2025

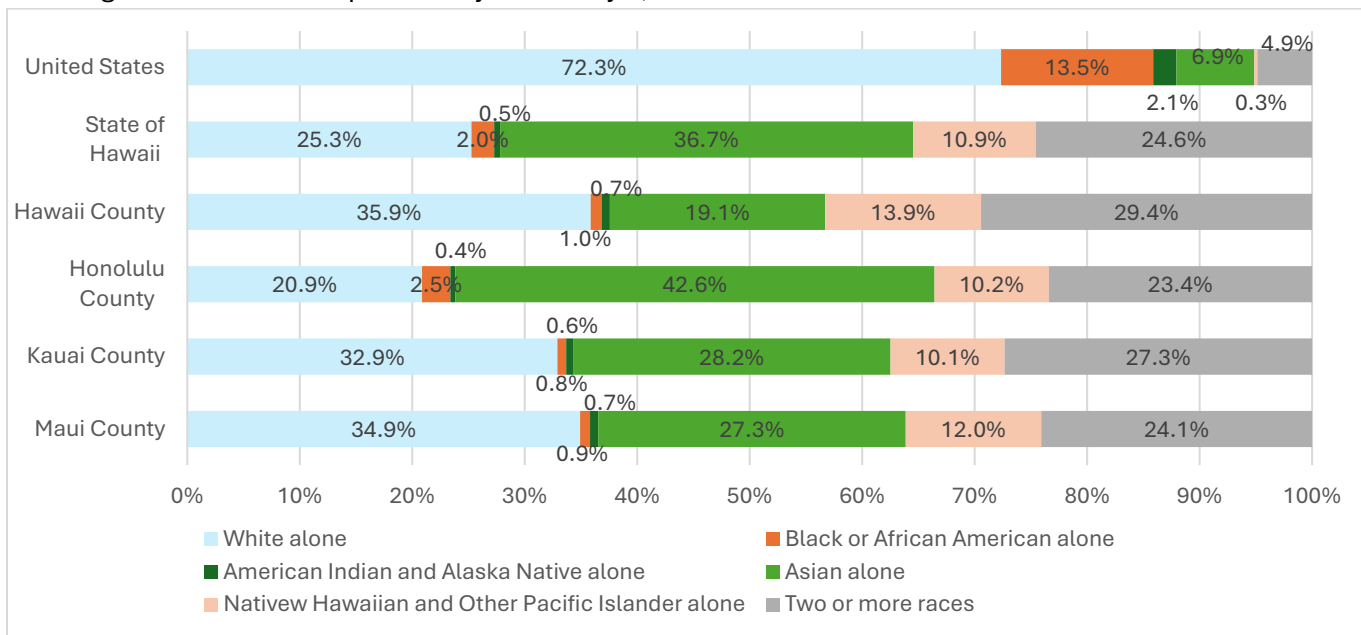
Age group	United States	State of Hawaii	Hawaii County	Honolulu County	Kauai County	Maui County
Under 18 years	21.1%	19.7%	20.2%	19.3%	20.5%	20.5%
18 to 64 years	60.0%	57.7%	53.7%	59.0%	54.8%	56.4%
65 years and over	18.9%	22.6%	26.0%	21.7%	24.6%	23.0%

Hawaii Population by Race

In 2025, the largest race in Hawaii was Asian alone at 36.7 percent, followed by White alone and Two or more races. The proportion of Two or more races in Hawaii was about five times higher than its national counterpart of 4.9 percent. Among the counties in Hawaii, Hawaii County had the highest proportion of Two or more races at 29.4 percent.

Those who were White alone represented one-third of their population in all three Neighbor Island counties. However, the largest race group in Honolulu was the Asian alone population which made up 42.6 percent of the county’s population.

Figure 3. Resident Population by Race: July 1, 2025



Using Race Alone or in Combination estimates, which includes both people who reported a single race and people who reported that race in combination with one or more of other races, the proportion of Asian alone or in combination in Honolulu County was significantly higher compared to other race groups.

It was estimated that Native Hawaiian and other Pacific Islander alone or in combination, composed a little over a quarter of Hawaii population in 2025. Hawaii County had a much higher share of this race group compared to the other counties.

The Hispanic population was estimated to be about 10.6 percent of Hawaii’s population in 2025. This proportion is lower than the 20.5 percent estimated Hispanic population of the U.S.

Table 2. Race Alone or In Combination and Hispanic Origin (% of total population): July 1, 2025

Race alone or in combination and Ethnicity ^[a]	United States	State of Hawaii	Hawaii County	Honolulu County	Kauai County	Maui County
White	76.8%	44.0%	59.1%	38.6%	53.8%	53.1%
Black or African American	15.4%	3.7%	3.1%	4.2%	2.1%	2.2%
American Indian and Alaska Native	4.1%	3.2%	5.2%	2.7%	3.5%	3.4%
Asian	8.4%	56.8%	41.9%	62.1%	50.2%	46.3%
Native Hawaiian and other Pacific Islander	0.6%	27.5%	34.7%	25.8%	28.3%	28.7%
Hispanic, any race	20.5%	10.6%	12.7%	10.1%	11.0%	11.1%

^[a] the sum of the individual categories may sum to more than 100% because people who reported more than one race were tallied in each race category.

Each major race group had a different age structure. Asian alone had the highest share of the elderly population at 31.5 percent in 2025. Black alone population had a significantly higher concentration of working-age adults at 70.6 percent. Native Hawaiian and Other Pacific Islander alone and Two or more races had a higher proportion of children and younger generations.

Table 3. Population in Selected Age Groups by Race: July 1, 2025

Age group	White Alone	Black Alone	American Indian or Alaska Native Alone	Asian Alone	Native Hawaiian and Other Pacific Islander Alone	Two or more races
Under 18 years	14.0%	19.2%	15.8%	12.6%	27.0%	33.0%
18 to 64 years	59.3%	70.6%	68.3%	56.0%	57.8%	57.4%
65 years and over	26.8%	10.2%	15.9%	31.5%	15.2%	9.6%