



## Daily Estimated Population Change for the State of Hawaii: 2024 to 2025

On July 1, 2024, the resident population for the State of Hawaii was 1,434,952.

On July 1, 2025, the resident population for the State of Hawaii was 1,432,820.

On average, between July 1, 2024, and July 1, 2025, the State of Hawaii's population decreased by 6 people a day. There was a natural increase of 6 people per day, but, on average, 11 people moved out of the State of Hawaii per day, causing an overall decrease.

There were:

40 births per day

35 deaths per day

13 more people *moving to Hawaii* from foreign countries than *moving out of Hawaii* to foreign countries

24 more people *moving out of Hawaii* to another state than *moving to Hawaii* from another state

Source: U.S. Census Bureau, Population Division Estimates, released on January 27, 2026; and calculations by the Hawaii State Department of Business, Economic Development & Tourism, Research and Economic Analysis Division. Find more data at <https://census.hawaii.gov/home/population-estimate/>.