

Annual and Cumulative Estimates of Resident Population Change for the United States, Regions, States, District of Columbia, and Puerto Rico and Region and State Rankings: April 1, 2020 to July 1, 2025																						
Geographic Area	April 1, 2020 Population Estimates Base	Population Estimate (as of July 1)						National Ranking of Regions and States						Change, July 1, 2024 to July 1,2025		Change, April 1, 2020 to July 1,2025		National Ranking of Regions and States				
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		2020	2021	2022	2023	2024	2025		2020	2021	2022	2023	2024	2025	Number	Percent	Number	Percent	Number	Percent	Number	Percent
United States	331,516,113	331,578,104	332,100,166	333,996,304	336,755,052	340,003,797	341,784,857	(X)	(X)	(X)	(X)	(X)	(X)	(X)	1,781,060	0.5	10,268,744	3.1	(X)	(X)	(X)	(X)
Northeast	57,617,560	57,436,027	57,234,503	57,174,375	57,458,539	57,940,522	58,042,054	4	4	4	4	4	4	4.0	101,532	0.2	424,494	0.7	4	4.0	4	4.0
Midwest	68,999,462	68,979,566	68,867,096	68,872,112	69,132,050	69,518,281	69,762,666	3	3	3	3	3	3	3.0	244,385	0.4	763,204	1.1	3	2.0	3	3.0
South	126,281,605	126,473,371	127,380,165	129,066,102	130,894,372	132,662,072	133,833,983	1	1	1	1	1	1	1.0	1,171,911	0.9	7,552,378	6.0	1	1.0	1	1.0
West	78,617,486	78,689,140	78,618,402	78,883,715	79,270,091	79,882,922	80,146,154	2	2	2	2	2	2	2.0	263,232	0.3	1,528,668	1.9	2	3.0	2	2.0
Alabama	5,025,437	5,032,962	5,050,058	5,076,868	5,117,850	5,163,055	5,193,088	24	24	24	24	24	24	24.0	30,033	0.6	167,651	3.3	15	20.0	16	19.0
Alaska	733,383	732,906	734,590	733,659	734,654	736,537	737,270	48	48	48	48	48	48	48.0	733	0.1	3,887	0.5	46	44.0	43	40.0
Arizona	7,158,104	7,186,647	7,274,022	7,370,065	7,452,073	7,556,424	7,623,818	14	14	14	14	14	14	14.0	67,394	0.9	465,714	6.5	7	8.0	5	8.0
Arkansas	3,011,530	3,014,399	3,027,127	3,047,429	3,069,856	3,096,080	3,114,791	33	33	33	33	33	33	33.0	18,711	0.6	103,261	3.4	24	19.0	21	18.0
California	39,555,703	39,527,808	39,152,927	39,125,347	39,181,667	39,364,774	39,355,309	1	1	1	1	1	1	1.0	-9,465	-	-200,394	-0.5	51	47.0	50	46.0
Colorado	5,775,326	5,786,873	5,814,368	5,853,355	5,912,240	5,988,502	6,012,561	21	21	21	21	21	20	20.0	24,059	0.4	237,235	4.1	21	29.0	12	15.0
Connecticut	3,607,750	3,579,643	3,607,765	3,618,707	3,641,369	3,674,449	3,688,496	29	29	29	29	29	29	29.0	14,047	0.4	80,746	2.2	28	30.0	25	26.0
Delaware	989,950	991,890	1,005,130	1,020,279	1,035,354	1,050,123	1,059,952	45	45	45	45	45	45	45.0	9,829	0.9	70,002	7.1	32	6.0	27	7.0
District of Columbia	689,544	670,958	669,637	674,501	682,559	691,310	693,645	49	49	49	49	49	49	49.0	2,335	0.3	4,101	0.6	43	33.0	42	39.0
Florida	21,538,207	21,591,325	21,836,698	22,413,989	22,929,248	23,265,838	23,462,518	3	3	3	3	3	3	3.0	196,680	0.8	1,924,311	8.9	2	13.0	2	2.0
Georgia	10,713,861	10,732,595	10,793,038	10,929,992	11,063,669	11,204,208	11,302,748	8	8	8	8	8	8	8.0	98,540	0.9	588,887	5.5	4	11.0	4	12.0
Hawaii	1,455,267	1,451,130	1,446,909	1,437,812	1,434,950	1,434,952	1,432,820	40	40	40	40	40	40	40.0	-2,132	-0.1	-22,447	-1.5	50	50.0	46	51.0
Idaho	1,839,123	1,849,328	1,904,855	1,942,951	1,970,497	2,000,872	2,029,733	38	38	38	38	38	38	37.0	28,861	1.4	190,610	10.4	16	2.0	13	1.0
Illinois	12,821,741	12,795,348	12,703,354	12,609,577	12,633,389	12,703,033	12,719,141	6	6	6	6	6	6	6.0	16,108	0.1	-102,600	-0.8	25	42.0	49	47.0
Indiana	6,786,605	6,790,290	6,814,223	6,841,491	6,881,373	6,934,754	6,973,333	17	17	17	17	17	17	17.0	38,579	0.6	186,728	2.8	12	22.0	14	23.0
Iowa	3,190,582	3,191,081	3,199,037	3,201,890	3,214,739	3,230,454	3,238,387	31	31	31	31	31	32	32.0	7,933	0.2	47,805	1.5	35	38.0	34	33.0
Kansas	2,937,986	2,938,274	2,938,966	2,938,034	2,949,749	2,965,252	2,977,220	35	35	35	35	34	34	34.0	11,968	0.4	39,234	1.3	31	28.0	35	35.0
Kentucky	4,506,287	4,508,271	4,508,348	4,521,238	4,549,953	4,584,046	4,606,864	26	26	26	26	26	26	26.0	22,818	0.5	100,577	2.2	22	23.0	23	27.0
Louisiana	4,657,894	4,652,145	4,628,595	4,600,892	4,598,777	4,614,878	4,618,189	25	25	25	25	25	25	25.0	3,311	0.1	-39,705	-0.9	42	45.0	48	48.0
Maine	1,363,218	1,364,546	1,379,009	1,391,585	1,401,992	1,408,438	1,414,874	42	42	42	42	41	42	42.0	6,436	0.5	51,656	3.8	38	25.0	31	17.0
Maryland	6,181,640	6,178,387	6,176,035	6,183,257	6,204,927	6,245,314	6,265,347	18	18	18	18	19	18	19.0	20,033	0.3	83,707	1.4	23	35.0	24	34.0
Massachusetts	7,033,112	6,985,320	6,996,721	7,025,465	7,073,479	7,138,560	7,154,084	15	15	15	16	16	16	16.0	15,524	0.2	120,972	1.7	27	39.0	19	31.0
Michigan	10,079,362	10,072,294	10,042,362	10,043,906	10,062,124	10,099,962	10,127,884	10	10	10	10	10	10	10.0	27,922	0.3	48,522	0.5	18	36.0	32	41.0
Minnesota	5,706,733	5,710,562	5,714,055	5,727,565	5,752,998	5,797,405	5,830,405	22	22	22	22	22	22	22.0	33,000	0.6	123,672	2.2	14	21.0	18	28.0
Mississippi	2,961,264	2,958,385	2,947,603	2,941,237	2,942,470	2,950,172	2,954,160	34	34	34	34	35	35	35.0	3,988	0.1	-7,104	-0.2	41	41.0	45	45.0
Missouri	6,154,913	6,155,074	6,172,551	6,179,285	6,205,956	6,243,544	6,270,541	19	19	19	19	18	19	18.0	26,997	0.4	115,628	1.9	19	27.0	20	30.0
Montana	1,084,221	1,087,156	1,106,416	1,121,533	1,130,612	1,137,557	1,144,694	44	44	43	4											

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The estimates are based on the 2020 Modified Age and Race Census (MARC) file and include changes from Count Question Resolution, the Post-Census Group Quarters Review, and geographic revisions. For population estimates methodology statements, see https://www.census.gov/programs-surveys/popest/technical-documentation/methodology.html . See Geographic Terms and Definitions at https://www.census.gov/programs-surveys/popest/guidance-geographies/terms-and-definitions.html for a list of the states that are included in each region. All geographic boundaries for the 2025 population estimates series are as of January 1, 2025.																					
Suggested Citation:																					
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Source: U.S. Census Bureau, Population Division																					
Release Date: January 2026																					