

**Table 2.22-- HEALTH RISK BEHAVIORS AND CONDITIONS FOR  
PERSONS 18 YEARS AND OLDER: 1995 TO 1998**

[Weighted percent of adults who reported the health risk behaviors or conditions]

<b>Risk factor 1/</b>	<b>1995</b>	<b>1996</b>	<b>1997</b>	<b>1998</b>
Seatbelt non-use	12.6	(NA)	12.8	(NA)
Acute drinking 2/	12.4	(NA)	17.1	(NA)
Chronic drinking 3/	2.9	(NA)	5.0	(NA)
Drinking and driving	2.1	(NA)	2.4	(NA)
High cholesterol	27.1	(NA)	31.5	(NA)
Hypertension	21.1	(NA)	23.9	(NA)
Lack of exercise 4/	(NA)	71.9	(NA)	69.7
Poor nutrition 5/	(NA)	74.9	(NA)	72.5
Diabetes	3.2	4.6	5.0	5.6
Current smokers 6/	17.8	22.2	18.7	19.5
Overweight 7/	22.4	23.9	26.6	27.8

NA Not available.

1/ Certain risk factor data are collected only on alternating years.

2/ Five or more drinks on at least one occasion, in the past month.

3/ Sixty or more drinks in the past month.

4/ No regular and sustained physical activity.

5/ Less than five fruits and vegetables a day.

6/ Listed as "cigarette smoking" in previous *Data Book* tables.

7/ Body mass index (BMI) greater than or equal to 27.3 for females; body mass index greater than or equal to 27.8 for males.

Source: Hawaii State Department of Health, Office of Health Status Monitoring, Behavioral Risk Factor Surveillance System (BRFSS) 1995-1998 at [http://www.hawaii.gov/health/stats/hs\\_hsp.html](http://www.hawaii.gov/health/stats/hs_hsp.html) and records.