

**Table 2.24-- HEALTH RISK BEHAVIORS AND CONDITIONS FOR PERSONS  
18 YEARS AND OLDER, BY COUNTY: 2017**

[Weighted percent of adults who reported the health risk behaviors or conditions. Based on sample and subject to sampling variability]

Risk factor	State	Hawaii	Honolulu	Kauai	Maui
Seatbelt non-use 1/	6.1	5.3	5.8	6.1	5.2
Lack of physical activities 2/	23.5	24.7	24.0	24.0	20.3
Less consumption of vegetables 3/	(NA)	(NA)	(NA)	(NA)	(NA)
Less consumption of fruit or fruit juice 4/	85.1	81.1	86.0	85.0	86.1
Binge drinking 5/	19.5	19.0	19.0	21.8	20.5
Current smoker 6/	12.8	14.9	12.3	13.1	12.5
Current use of e-cigarettes 7/	4.7	5.1	4.6	3.8	4.1
Diagnosed with asthma	17.1	18.1	17.1	16.5	17.9
Diagnosed with kidney disease 8/	3.1	3.6	3.1	2.2	3.5
Diagnosed with diabetes	10.9	10.6	11.5	7.9	10.8
Diagnosed with high cholesterol	31.8	28.9	33.1	27.8	30.9
Diagnosed with hypertension	30.6	31.5	31.9	27.6	28.1
Overweight 9/	35.0	34.4	35.5	34.4	35.2
Obese I 9/	14.9	14.5	15.4	14.2	13.9
Obese II 9/	5.4	5.9	5.3	4.9	5.1
Obese III 9/	3.5	3.0	3.7	2.3	4.0

NA Not available.

1/ Adults who do not always wear seatbelts in cars.

2/ Other than your regular job, did not participate in any physical activities or exercise such as running, calisthenics, golf, gardening, or walking for exercise in the past month.

3/ Eat vegetables less than three times per day.

4/ Eat fruit or drink fruit juice less than three times per day.

5/ Five or more drinks for men, or four or more drinks for women, on one occasion in the past 30 days.

6/ Adults who ever smoked 100 cigarettes and who now smoke some days or every day.

7/ Adults who use e-cigarettes some days or every day.

8/ Does not include kidney stone, bladder infection or incontinence.

9/ Overweight has BMIs greater than or equal to 25 but less than 30. Obese I has BMIs greater than or equal to 30 but less than 35; Obese II has BMIs greater than or equal to 35 but less than 40; and Obese III has BMIs greater than or equal to 40.

Source: Hawaii State Department of Health, Hawaii Indicator-Based Information System (Hawaii-IBIS) <[http://ibis.hhdw.org/ibisph-view/query/selection/brfss/\\_BRFSSSelection.html](http://ibis.hhdw.org/ibisph-view/query/selection/brfss/_BRFSSSelection.html)> accessed May 20, 2019.