

**Table 2.28-- HEALTH RISK BEHAVIORS AND CONDITIONS FOR PERSONS  
18 YEARS AND OLDER, BY COUNTY: 2018**

[Weighted percent of adults who reported the health risk behaviors or conditions. Based on sample and subject to sampling variability]

Risk factor	State	Hawaii	Honolulu	Kauai	Maui
Seatbelt non-use 1/	7.2	5.0	7.4	7.8	7.8
Lack of physical activities 2/	19.9	19.7	20.5	18.9	16.7
Less consumption of vegetables 3/	(NA)	(NA)	(NA)	(NA)	(NA)
Less consumption of fruit or fruit juice 4/	(NA)	(NA)	(NA)	(NA)	(NA)
Binge drinking 5/	19.2	19.2	19.4	20.9	18.9
Current smoker 6/	13.4	17.0	12.3	14.8	15.2
Current use of e-cigarettes 7/	7.1	6.3	7.6	7.6	6.6
Diagnosed with asthma	16.3	19.3	16.2	14.8	17.2
Diagnosed with kidney disease 8/	2.9	2.6	3.1	3.5	2.7
Diagnosed with diabetes	11.5	11.4	12.0	11.0	9.0
Diagnosed with high cholesterol	(NA)	(NA)	(NA)	(NA)	(NA)
Diagnosed with hypertension	33.5	33.1	33.7	35.4	31.6
Overweight 9/	34.6	35.1	34.5	31.8	36.8
Obese I 9/	15.2	16.2	15.3	15.6	14.5
Obese II 9/	5.8	6.9	5.8	5.8	5.9
Obese III 9/	3.9	4.9	3.6	3.9	4.0

NA Not available.

1/ Adults who do not always wear seatbelts in cars.

2/ Other than your regular job, did not participate in any physical activities or exercise such as running, calisthenics, golf, gardening, or walking for exercise in the past month.

3/ Eat vegetables less than three times per day.

4/ Eat fruit or drink fruit juice less than three times per day.

5/ Five or more drinks for men, or four or more drinks for women, on one occasion in the past 30 days.

6/ Adults who ever smoked 100 cigarettes and who now smoke some days or every day.

7/ Adults who use e-cigarettes some days or every day.

8/ Does not include kidney stone, bladder infection or incontinence.

9/ Overweight has BMIs greater than or equal to 25 but less than 30. Obese I has BMIs greater than or equal to 30 but less than 35; Obese II has BMIs greater than or equal to 35 but less than 40; and Obese III has BMIs greater than or equal to 40.

Source: Hawaii State Department of Health, Hawaii Indicator-Based Information System (Hawaii-IBIS) <[http://ibis.hhdw.org/ibisph-view/query/selection/brfss/\\_BRFSSselection.html](http://ibis.hhdw.org/ibisph-view/query/selection/brfss/_BRFSSselection.html)> accessed June 16, 2020.