

**Table 1.24-- RESIDENT POPULATION PROJECTIONS, BY AGE AND SEX:  
2020 TO 2050**

[As of July 1]

Age group (in years)	2020 1/			2030		
	Total	Male	Female	Total	Male	Female
Total	1,451,043	732,920	718,123	1,501,151	756,047	745,104
Under 5	76,544	39,598	36,945	74,662	38,711	35,951
5 to 9	83,446	43,283	40,163	72,915	37,578	35,337
10 to 14	87,247	45,236	42,011	73,739	37,861	35,878
15 to 19	82,387	42,964	39,423	82,999	43,554	39,445
20 to 24	92,149	50,782	41,367	103,658	57,070	46,588
25 to 29	94,579	50,212	44,367	99,075	52,160	46,915
30 to 34	95,227	48,904	46,322	92,166	47,833	44,333
35 to 39	95,215	48,773	46,442	92,752	48,323	44,428
40 to 44	88,745	45,227	43,518	92,837	47,233	45,604
45 to 49	86,343	43,312	43,031	91,168	46,068	45,100
50 to 54	91,015	45,939	45,076	85,706	43,129	42,577
55 to 59	95,748	47,955	47,793	84,307	41,730	42,578
60 to 64	98,308	48,396	49,911	88,166	43,737	44,429
65 to 69	90,673	44,632	46,041	89,932	44,084	45,848
70 to 74	76,123	37,422	38,701	88,985	42,511	46,473
75 to 79	49,322	23,482	25,840	77,669	36,629	41,040
80 to 84	30,136	13,289	16,847	58,739	27,091	31,648
85 & over	37,838	13,513	24,325	51,677	20,746	30,930

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**Table 1.24-- RESIDENT POPULATION PROJECTIONS, BY AGE AND SEX:  
2020 TO 2050 -- Con.**

Age group (in years)	2040			2050		
	Total	Male	Female	Total	Male	Female
Total	1,542,570	774,585	767,986	1,560,886	784,331	776,555
Under 5	77,799	40,333	37,466	74,900	38,839	36,061
5 to 9	75,618	38,975	36,643	76,205	39,284	36,922
10 to 14	72,373	37,235	35,138	75,739	38,974	36,765
15 to 19	73,140	38,201	34,938	76,100	39,733	36,367
20 to 24	91,141	50,224	40,917	90,167	49,807	40,360
25 to 29	101,318	53,588	47,730	92,054	48,562	43,492
30 to 34	105,246	54,840	50,407	93,419	48,385	45,034
35 to 39	98,836	51,090	47,746	101,662	52,851	48,811
40 to 44	91,282	46,984	44,297	104,771	54,225	50,547
45 to 49	90,003	46,338	43,665	96,517	49,366	47,151
50 to 54	90,886	45,751	45,135	89,910	45,848	44,061
55 to 59	90,260	45,117	45,143	89,781	45,790	43,991
60 to 64	84,669	42,005	42,663	90,436	44,979	45,457
65 to 69	81,108	39,436	41,672	87,628	43,129	44,499
70 to 74	81,606	39,457	42,149	79,456	38,530	40,925
75 to 79	78,734	37,154	41,579	72,206	33,909	38,297
80 to 84	70,313	31,668	38,645	65,740	30,113	35,627
85 & over	88,239	36,188	52,051	104,194	42,006	62,189

1/ Total population is from the 2022 Vintage Population Estimates by the U.S. Census Bureau. Population by age groups are DBEDT estimates.

Source: Hawaii State Department of Business, Economic Development & Tourism, *Population and Economic Projections for the State of Hawaii to 2050*, Appendix Tables A-7 to A-9 (April 2024)  
<<https://dbedt.hawaii.gov/economic/economic-forecast/long-range-projections/>> accessed May 6, 2024.