

**Table 2.24-- HEALTH RISK BEHAVIORS AND CONDITIONS FOR PERSONS
18 YEARS AND OLDER, BY COUNTY: 2022**

[Weighted percent of adults who reported the health risk behaviors or conditions. Based on sample and subject to sampling variability]

Risk factor	State	Hawaii	Honolulu	Kauai	Maui
Behaviors					
Seatbelt non-use 1/	(NA)	(NA)	(NA)	(NA)	(NA)
Lack of physical activities 2/	21.3	20.0	21.5	20.0	20.2
Less consumption of vegetables 3/	(NA)	(NA)	(NA)	(NA)	(NA)
Less consumption of fruit 4/	(NA)	(NA)	(NA)	(NA)	(NA)
Binge drinking 5/	18.2	18.3	18.3	16.2	17.0
Current smoker 6/	10.0	13.2	9.2	11.6	10.6
Current use of e-cigarettes 7/	8.8	7.8	9.0	7.1	9.3
Conditions					
Diagnosed with current asthma	9.1	10.4	8.8	7.2	11.0
Diagnosed with kidney disease 8/	3.4	4.1	3.3	3.8	3.9
Diagnosed with diabetes	11.7	11.2	11.8	11.5	11.4
Diagnosed with high cholesterol	(NA)	(NA)	(NA)	(NA)	(NA)
Diagnosed with hypertension	(NA)	(NA)	(NA)	(NA)	(NA)
Overweight 9/	33.8	34.5	33.5	32.8	35.9
Obese I 9/	15.8	17.4	15.5	13.4	16.5
Obese II 9/	6.4	6.3	6.6	6.6	5.4
Obese III 9/	3.7	3.4	3.8	4.4	2.8

NA Not available.

1/ Adults who do not always wear seatbelts in cars.

2/ Other than your regular job, did not participate in any physical activities or exercise such as running, calisthenics, golf, gardening, or walking for exercise in the past month.

3/ Eat vegetables fewer than three times per day.

4/ Eat fruit fewer than three times per day.

5/ Five or more drinks for men, or four or more drinks for women, on one occasion in the past 30 days.

6/ Adults who ever smoked 100 cigarettes and who now smoke some days or every day.

7/ Adults who use e-cigarettes some days or every day.

8/ Does not include kidney stone, bladder infection or incontinence.

9/ Overweight has Body Mass Index (BMI) greater than or equal to 25 but less than 30. Obese I has BMI greater than or equal to 30 but less than 35; Obese II has BMI greater than or equal to 35 but less than 40; and Obese III has BMI greater than or equal to 40.

Source: Hawaii State Department of Health, The Behavioral Risk Factor Surveillance System (BRFSS) <https://hhdw.org/report/query/selection/brfss/_BRFSSSelection.html> accessed March 8, 2024.