

Table 1.28-- RESIDENT POPULATION ESTIMATES BY AGE AND MILITARY STATUS: 2020 AND 2024

[Total includes military personnel stationed or homeported in Hawaii and residents temporarily absent; excludes visitors present]

Age group	April 1, 2020			July 1, 2024		
	Total	Military personnel	Civilian 1/	Total	Military personnel	Civilian 1/
Total	1,455,252	42,516	1,412,736	1,446,146	39,959	1,406,187
Under 5 years	85,858	-	85,858	76,624	-	76,624
5 to 9 years	89,308	-	89,308	83,635	-	83,635
10 to 14 years	84,216	-	84,216	84,676	-	84,676
15 to 19 years	77,830	1,837	75,993	78,433	1,221	77,212
20 to 24 years	88,922	13,531	75,391	86,841	12,641	74,200
25 to 29 years	100,079	10,661	89,418	88,805	9,728	79,077
30 to 34 years	101,039	6,690	94,349	97,684	6,321	91,363
35 to 39 years	100,125	5,142	94,983	98,898	5,350	93,548
40 to 44 years	90,025	2,842	87,183	96,219	2,949	93,270
45 to 49 years	86,021	1,232	84,789	85,351	1,187	84,164
50 to 54 years	87,650	452	87,198	84,344	441	83,903
55 to 59 years	93,347	119	93,228	84,464	99	84,365
60 to 64 years	93,217	10	93,207	89,848	22	89,826
65 to 69 years	86,495	-	86,495	87,122	-	87,122
70 to 74 years	73,545	-	73,545	79,359	-	79,359
75 to 79 years	47,850	-	47,850	62,819	-	62,819
80 to 84 years	29,780	-	29,780	38,354	-	38,354
85 and over	39,945	-	39,945	42,670	-	42,670
16 years and over	1,179,651	42,516	1,137,135	1,185,150	39,959	1,145,191
18 years and over	1,147,468	42,516	1,104,952	1,152,797	39,958	1,112,839
65 years and over	277,615	-	277,615	310,324	-	310,324

1/ Includes military dependents.

Source: U.S. Census Bureau, Population Division, Population and Housing Unit Estimates, Tables SC-EST2024-SYASEX-15 and SC-EST2024-SYASEX-CIV (June 2025)

<<https://www.census.gov/programs-surveys/popest.html>> accessed June 26, 2025; and calculations by the Hawaii State Department of Business, Economic Development & Tourism.