

**Table 2.24-- HEALTH RISK BEHAVIORS AND CONDITIONS FOR PERSONS
18 YEARS AND OLDER, BY COUNTY: 2023**

[Weighted percent of adults who reported the health risk behaviors or conditions. Based on sample and subject to sampling variability]

Risk factor	State	Hawaii	Honolulu	Kauai	Maui
Behaviors					
Seatbelt non-use 1/	(NA)	(NA)	(NA)	(NA)	(NA)
Lack of physical activities 2/	21.7	21.2	22.4	17.2	19.0
Less consumption of vegetables 3/	(NA)	(NA)	(NA)	(NA)	(NA)
Less consumption of fruit 4/	(NA)	(NA)	(NA)	(NA)	(NA)
Binge drinking 5/	18.3	18.2	18.2	19.0	20.5
Current smoker 6/	9.0	14.5	7.3	9.0	13.2
Current use of e-cigarettes 7/	10.1	10.1	10.4	8.4	11.0
Conditions					
Diagnosed with current asthma	9.8	11.0	9.8	9.7	10.8
Diagnosed with kidney disease 8/	4.0	4.2	4.2	3.1	2.6
Diagnosed with diabetes	11.3	10.0	11.6	8.8	12.1
Diagnosed with high cholesterol	(NA)	(NA)	(NA)	(NA)	(NA)
Diagnosed with hypertension	(NA)	(NA)	(NA)	(NA)	(NA)
Overweight 9/	34.4	33.9	34.4	33.3	35.1
Obese I 9/	16.5	17.6	16.7	16.8	14.2
Obese II 9/	5.9	6.0	5.8	3.5	7.4
Obese III 9/	3.8	3.9	4.1	(10/)	3.0

NA Not available.

1/ Adults who do not always wear seatbelts in cars.

2/ Other than your regular job, did not participate in any physical activities or exercise such as running, calisthenics, golf, gardening, or walking for exercise in the past month.

3/ Eat vegetables fewer than three times per day.

4/ Eat fruit fewer than three times per day.

5/ Five or more drinks for men, or four or more drinks for women, on one occasion in the past 30 days.

6/ Adults who ever smoked 100 cigarettes and who now smoke some days or every day.

7/ Adults who use e-cigarettes some days or every day.

8/ Does not include kidney stone, bladder infection or incontinence.

9/ Overweight has Body Mass Index (BMI) greater than or equal to 25 but less than 30. Obese I has BMI greater than or equal to 30 but less than 35; Obese II has BMI greater than or equal to 35 but less than 40; and Obese III has BMI greater than or equal to 40.

10/ According to the Centers for Disease Control and Prevention (CDC) guidelines, the number of respondents is below 50 or the relative standard error (RSE) is >0.30 the value will be suppressed.

Source: Hawaii State Department of Health, The Behavioral Risk Factor Surveillance System (BRFSS) <https://hhdw.org/report/query/selection/brfss/_BRFSSSelection.html> accessed March 27, 2025.