

Table 5.56-- SUNRISE, SUNSET, AND HOURS OF DAYLIGHT AT SELECTED LOCATIONS, AT BEGINNING OF EACH SEASON: 2025

[Based on Hawaii-Aleutian Standard Time which is 10 hours less than Universal Time Coordinated (UTC), the international standard for civil time]

Subject	Hilo	Kahului	Honolulu	Lihue
Sunrise (a.m.)				
March 19	6:25	(NA)	6:36	(NA)
June 20	5:42	(NA)	5:50	(NA)
September 22	6:09	(NA)	6:20	(NA)
December 21	6:50	(NA)	7:05	(NA)
Sunset (p.m.)				
March 19	6:31	(NA)	6:42	(NA)
June 20	7:02	(NA)	7:16	(NA)
September 22	6:16	(NA)	6:27	(NA)
December 21	5:47	(NA)	5:55	(NA)
Daylight (hours, minutes)				
March 19	12, 06	(NA)	12, 06	(NA)
June 20	13, 20	(NA)	13, 26	(NA)
September 22	12, 07	(NA)	12, 07	(NA)
December 21	10, 57	(NA)	10, 50	(NA)

NA Not available.

Source: NOAA Global Monitoring Laboratory, "NOAA Solar Calculator for sunrise, sunset, solar noon and solar position for any place on earth." Hilo data based on GML data sites. Honolulu data based on U.S. Cities sites, <<https://www.esrl.noaa.gov/gmd/grad/solcalc/>> accessed June 18, 2025, and calculations by the Hawaii State Department of Business, Economic Development & Tourism.